

Student Affairs Strategic Plan: Guiding Values and Strategic Objectives

In connection with the Student Affairs Strategic plan, we have connected each session to the guiding values and strategic objectives.

 1. Student Engagement	 2. Professionalism	 3. Commitment to Diversity	 4. Exemplary Staff
<p>Develop students as a whole through the cultivation and enrichment of the body, mind and spirit.</p>	<p>Provide education that ensures all staff is properly trained to provide professional and competent service.</p>	<p>Promote diversity on campus through effective programming and active recruitment of staff and students.</p>	<p>Recruit and retain highly qualified staff.</p>
 5. Collaboration	 6. Assessment, Evaluation, & Research	 7. Leading Edge Technology	 8. Best Practices
<p>Partner with faculty, staff and external constituencies to foster student development and enhance the greater community.</p>	<p>Utilize a coordinated assessment, evaluation and research approach to promote data driven decision-making.</p>	<p>Provide, maintain and utilize technology to enhance student services, assessment and communication.</p>	<p>Promote the effective use of best practices in Student Affairs departments, programs and services.</p>



Liz Johnson	Registrar's Office	5-7708
Ashlee Christofferson	Union Administration	5-9171
Katie Deak	Housing & Residential Education	7-2954
Kelly Dries	Career Services	5-9703
Tom Hurtado	ASUU	1-2788
Cheri Jenkins	Campus Recreation	1-3760
Patrick McShane	My U Signature Experience	7-3177
Shannon Mohyuddin	Dining Services/Admin	1-7257
Mark Pontious	Orientation/Leadership Development	1-7069
Katie Stiel	Center for Student Wellness	1-7776
Brenda Young	Student Development	5-9727
Natalie Zaelit	Financial Aid & Scholarships	1-6211

We hope the activities today are helpful and stimulating to you in both your professional and personal lives.



WORK
 ~
LIFE
 ~
BALANCE

December 13, 2013

Union Ballroom

at the

University Union

8:30am to 3:30pm

Student Affairs Professional Development
University of Utah

8:45 am—9:00 am.....Ballroom

Introduction/Welcome

Liz Johnson, Professional Development Committee
Barb Snyder, Vice President for Student Affairs

9:00 am—10:00 am.....Ballroom

Emerging Campus Priorities — an hour with Ruth Watkins

Ruth Watkins, Sr. Vice President for Academic Affairs, University of Utah

10:00 am—10:25 am.....Ballroom

Who's Who in Student Affairs

Leslie Giles-Smith, Counseling Center

10:25 am—10:40 am.....Break

10:40 am—11:30 am — Workshops

A1: **Identity and Empathy as Tools for Advocacy**.....Parlor A

Saundra Stokes, Executive Director, Inclusion Center

How does your identity impact the way you treat others? How does it impact the way you are treated? This short workshop will open up the complexity of identity, culture, and discrimination. We will encourage you to learn from each other, and investigate your capacity for empathy and compassion.

A2: **I'm smart, so why do I make foolish money mistakes?**.....Collegiate Rm

Ann House, Personal Money Management

Why do so many otherwise smart people make foolish financial choices? Why do we not partner up with our financial soul mates and why do we take advice from celebrity pitches? Come to this workshop for fun and practical answers, advice, and fresh ideas on understanding our money personalities. All attendees will be given a helpful workbook and a chance to win door prizes.

A3: **Multiple Lenses Engaging with Works of Art**.....West Ballroom

Kerry O'Grady, Utah Museum of Fine Arts

There are many "right" ways to engage with a work of art. In this presentation, UMFA Director of Education and Engagement will share several different lenses through which to engage with works of art in order to empower personal interpretations and meaning. This session isn't about "getting" what the artist meant, it's about what it means to you!

A4: **Acupressure for Everyday Aches and Pains**.....East Ballroom

Alyssa Johnson, Continuing Education

Chinese Medicine has many techniques and tips to help you and your family have a healthy winter season. If you are looking to prevent colds and flu, loosen stiff muscles, warm your body from the inside out or just learn a thing or two about keeping your body balanced and healthy this winter. We will start with a quick overview of your 12 major meridians and then we will transition into learning key acupressure points and combinations for general winter wellness and your specific aches and pains.

11:35 am—12:00 pm.....Ballroom

Lunch

12:00 pm—1:00 pm.....Ballroom

Economic Development & Higher Education in the State of Utah

Spencer P. Eccles, Executive Director, Governor's Office of Economic Development
A discussion on Utah's current and future economy and how higher education plays a distinct role in the State's economic growth.

1:10 pm—2:00 pm — Workshops

B1: **The socio-cultural influence of dominant religious communities on discourses of diversity. (this workshop is a 2-part, please also attend C1)...**

.....Parlor A

Kyle Reyes, Ph.D., Special Assistant to the President, Utah Valley University

This session focuses on the socio-cultural influence of dominant religious communities on the discourse of diversity, access, and inclusion in higher education. While not exclusive to the state, Utah provides a rich history and background in terms of the influence of the LDS faith on institutions throughout the state. The presenter will focus on the dynamics found in many largely religious communities and the impact such dynamics have on education. An overview of the issues will be followed by a group discussion of the ideas presented.

1:10 pm—2:00 pm — Workshops continued

B2: **The Pursuit of Happiness: Well-being and Balance in a Stressful Workplace**.....Collegiate Rm

Nate Zwart & Maggie Roque, Housing & Residential Living

In the light of recent articles about mental health and student affairs practitioners, it has become clear that well-being and balance are issues that extend beyond our students and also affect us, personally. In this program, we aim to create an interactive experience that will discuss the implications of these articles—such as higher rates of mental health issues and stress—as well as ways to overcome these issues to create an environment that can enable you, and your peers, to live happier, more balanced lives.

B3: **Living Well is Eating Well**.....West Ballroom

Peter Hodgson, Chartwells Executive Chef (Offered in 2 sessions)

Join us for a live cooking demonstration! The chef will be preparing some fun holiday desserts. There will be demonstrations, samples to taste and good times to be had by all. Hope you can join us!

B4: **Effective Partnerships with Parents and Family Members: Flight Control**

.....East Ballroom

Garrett Kachellek & Mark Pontious, Orientation & Leadership Development

Talking to parents and family members over the phone/in person can sometimes be frustrating. We've all been there! Parents and family members are more involved than ever in their students' lives. They communicate regularly with students and the University. This presentation will stimulate dialogue on how administrators, faculty, and staff can establish effective partnerships with parents and family members to help achieve student success and retention.

2:00 pm—2:10 pm.....Break

2:10 pm—3:00 pm — Workshops

C1: **The socio-cultural influence of dominant religious communities on discourses of diversity. (this workshop is a 2-part, please also attend C1)...**

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C2: **Myths and boundaries surrounding the adoption of sustainable practice**

.....Collegiate Rm

Joe Sindad, Andrew Kahrs, Rob Phillips, & Sam Eubanks, Student Affairs Sustainability Committee

Whether it's public transportation, energy consumption or recycling, there are myths and boundaries that prevent many people from adopting sustainable practices. Meant for all student affairs administrators, the purpose of this program is to bust these myths and provide how-to's that individuals can carry-out at home or in the work place.

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C4: **Salsa Dance**.....East Ballroom

Ryan Randall, Dean of Students Office

It's getting cold outside - but we're going to heat things up inside by learning the Salsa! Dance is an excellent way to reduce stress and stay fit. During this workshop we will be learning the basic movements of Salsa. This is a perfect workshop for those who have had little to no Latin Dance experience.

C5: **Spotlight on Campus Recreation Student Employees**.....Den

Tara Schoenherr, Campus Recreation

Interns for Campus Rec will share how they used assessment to study academic trends, hiring trends, and on the job learning for student employees working within Campus Recreation Services. Discussion will focus on how assessment practices and data can be used to design programming to help student employees be as successful as possible here at the U!

3:15 pm—3:30 pm — Evaluations & Door Prizes.....Ballroom