MISSION STATEMENT

The Women’s Resource Center (WRC) at the University of Utah serves as the central resource of educational and support services for women. Honoring the complexities of women’s identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

DIRECTOR

WOMEN’S RESOURCE CENTER STRATEGIC ALIGNMENT WITH STUDENT AFFAIRS

The Women’s Resource Center (WRC) will be embarking on its second strategic plan. In June 2011 we held a retreat to set goals, review our accomplishments and align our goals and objectives with the Division of Student Affairs. We will submit our completed plan to Student Affairs in the fall of 2011. We understand the importance of connecting our work and our mission to the larger university as a way to assure the best outcome for our students. Below you will see the specifics of how we see ourselves aligned.

STUDENT ENGAGEMENT

The WRC has worked very hard to continually increase the number of students we work with and the variety of opportunities they have to get involved during their academic experience. We believe it is important to teach student about the value and connection of service and engagement to their overall success. The WRC has created opportunities for mentoring, tutoring, advocacy and activism, campus education about WRC services and leadership experiences.
PROFESSIONAL AND EXEMPLARY STAFF
Each year our staff members are given opportunities for professional development. They actively participate in the opportunities offered by Student Affairs and are encouraged to attend trainings, conferences/workshops, and events that will promote continued professional growth. Members of our staff are asked to serve on professional committees on and off campus as a way of building and improving their professional skills and to be involved in a variety of professional settings. Every person on the team is also asked to represent the WRC in their area of focus. Weekly staff meeting and individual supervision is a crucial component to professional development. As a result of the exemplary work performed by the WRC they were awarded the Pete Suazo Award to Outstanding Leadership and Community Involvement in 2011.

COMMITMENT TO DIVERSITY
The feminist multicultural framework that we use as our model is based on the belief that we value diversity and operate in a manner consistent with those values. Two times per month we spend time as a team to discuss issues that raises our awareness about diversity. Team members are also involved in a variety of groups or committees that helps us to improve and assist with the development of others awareness around diversity issues.

Additionally we have the only feminist multicultural training programs in the country for counselors. We pride ourselves in maintaining diversity in our office and challenge ourselves to look at our biases and what is required to maintain a safe space of all individuals on campus. Many of us spend a significant amount of time in trainings to increase our competency and ability to contribute to the University of Utah community in a meaningful way.

ASSESSMENT, EVALUATION AND RESEARCH
The WRC has been involved with a number of projects to assess and evaluate our services. We have worked with the director of assessment in three areas: (1) student support (2) student persistence, and (3) clinical and staff evaluation. This is the most work we have done in the last 8 years. While we have worked on our own improvements in gathering data it is exciting to be working with Dr. Ackerlind to be included in the big picture. The work that has been done in Student Affairs in this area has certainly increased our focus and desire to be a part of the research component to ensure that we are documenting our work and that the work we are doing is meets the changing needs of our students and fall within the guidelines of best practice. We have identified areas of to be evaluated
in the upcoming year and will be included in our new strategic plan.

**LEADING EDGE TECHNOLOGY**
We are continually working to make sure that we have the most up to date equipment that our budget will allow. We have continued to move into mediums that allow us to reach as many students and possible and to connect with the larger community using the most advanced technology available to us. We have produced informational videos to educate individuals and groups about our services and we intend to increase this method to do outreach and education.

We have a Facebook page, YouTube and Twitter accounts. We have an interactive website that not only tells about the services we offer and who we are but links visitors to other informative sites. This is an area where we have a lot a room to grow and our team is ready for the challenge. The wide range in skill level speaks to a need for increased training.

**BEST PRACTICES**
We are involved with professional organizations and publications that we use to guide us in the use of best practice. In the area of student development and trends we look to NASPA. We also use a variety of best practice resources for our clinical services that range from best practice in feminist practice to best practice based on APA standards. Through our individual and personal commitment, fundraising efforts and other supports each staff members spends time in profession specific and student focused professional development.

**YEAR REVIEW**
The Women’s Resource Center (WRC) has a number of new significant accomplishments to report this year. I will touch on many of them but they will be highlighted in more depth by the staff that carried out and took leadership on these projects and efforts. We continue to work with as many partners on and off campus whenever there is mutual benefits and relevant connections. This continues to be an important component of our success. The opportunity to work with talented professionals throughout our community brings fresh ideas, new energy and exciting opportunities for our staff and students. Please note throughout the report how this has benefited our students. The relationships have created access, funding opportunities, resources and much valued exposure to the broader campus and community.
FIRST ANNUAL FUNDRAISER
This year we held our first fundraiser for the WRC. We recognize with the struggling economy and an increase in the need for training, education and support for our staff and students we would need to bring in funds that would allow us some flexibility in spending. Supporting staff and student travel to conferences and workshops was made possible, contributing to their professional growth and development. We were able to purchase computers and office supplies that our budget would not accommodate. The number of student staff and volunteers continue to grow and it is imperative to have the necessary equipment to allow us to produce quality work and be able to have current technologies for maintaining our website and social networking connections as a way of being competitive in an electronic society. This funding also allowed us to be a supporter of Student Affairs events and provide marketing materials for student outreach and department branding.

Our Ambassador Committee was a key component to this effort and provided tremendous guidance and people power to successfully carry this event out. I would consider the event a huge success. We raised over $15,000 in our first time effort.

MAJOR COMMITTEE WORK
The Student Affairs Diversity Council which I co-chair along with Dr. Kari Ellingson, Associate Vice President for Student Development, has been instrumental in bringing all offices in Student Affairs together to be part of the divisions overall goals to address issues of diversity and social justice.

Members became engaged in subcommittees, educating staff in their departments, assisting with the planning and events of the Student Affairs retreat and submitting articles for our monthly newsletter. We brought together team members from the 25 offices in our division to participate in the monthly seminars which are designed to increase awareness, open critical dialogue in a safe manner and gain a greater understanding on the importance of diversity in preparing our students for our ever changing society and sending them into the workforce as educated global citizens. This is our third year and our goals are lofty but the response has been so positive that I believe we are making progress and moving in the right direction.

The Utah Dialogue Training Group continues to meet on a monthly basis. I co-chair this committee with Dr. David Derezotes, College of Social Work faculty.
The purpose of this group is to create a sustainable project dedicated university and community colleagues who will work together to teach dialogue facilitation, facilitative self-reflection, and effective listening skills to:

1. University faculty, particularly faculty currently teaching diversity-designated and related social justice classes
2. Members of the Student Affairs Diversity Council
3. Groups that are currently in tension or where marginalization is occurring in order to eliminate or reduce such problems as or before they arise.

This year we were invited into classrooms and departments that we had not been a part of in the previous year. The group has a clearly defined group of committed individuals who are meeting monthly and volunteering to assist with the difficulties and struggling in the classroom and on campus. Our goal for the upcoming year is to develop a group for faculty teaching diversity curriculum to assist with skill development, resources and support.

I continue to serve on the College of Social Work Field Practicum Faculty planning committee. This is my fourth year serving on this committee.

I am serving my second term on the Board of the ACLU of Utah.

I am a member of the Convention on the Elimination of Discrimination Against Women (CEDAW) Committee with the Salt Lake City Mayor’s Office. I serve on the education subcommittee.

I served as the Chair for the NASPA Region V and VI Graduate Student & New Professional Preconference Institute. This was a great opportunity for me to be involved in the Student Affairs professional organization at this level.

OVERVIEW OF ANNUAL REPORT AND LOOKING TO THE FUTURE
In the upcoming year the Women’s Resource Center will embark on its second strategic plan. We have not added new programs and services but have worked to maximize our work with students and the campus community through our current efforts. This has proven to be very effective and I believe it has led to the WRC being recognized for quality work. We are often invited to partner with other department and community agencies for this reason.

We spent some time with our staff identifying specific areas that they will take a leadership role and will mentor students. This has involved everyone in programming in ways that allows for greater visibilitly of staff and greater
cohesion of our team.

We reached record numbers in our clinical services and our data shows that the population of students, staff and faculty is diverse which speaks to the effective work being done by our clinical team.

We reached a milestone this year raising money for scholarships and emergency funds. Our development officer exceeded her goal and raised over $100,000. A number of schools and community programs have requested that we incorporate Go Girlz into their services. At this time we are limited but we have expanded the program and look forward to developing a curriculum for our Go Girlz program. We have received funding to hire a part time person who will work on curriculum and program development. We are excited about this and the opportunities it offers to girls in grades 6 – 12.

In January 2011 we were selected to receive a half-time staff position at the WRC. This position is a Violence Against Women Coordinator. We have been doing work in the area for many years and this position will allow us to give the critical issue the attention it needs. The coordinator, Angie Makomenaw comes with an extensive background and is extremely skilled and knowledgeable.

The current Women’s Resource Center staff includes:
1. Debra S. Daniels, MSW, Director
2. Nakita Swanigan, M. Ed., Administrative Assistant
3. Kristy K. Bartley, Ph. D., Counseling Coordinator (.75 FTE)
4. Kimberly Hall, MFA, Associate Director, Development Officer
5. Donna Hawxhurst, Ph. D. Counseling Consultant (.25 FTE)
6. Angie Makomenaw, M.S. Violence Against Women Coordinator (.20)

Each year brings new practicum students to the WRC to work as part of our staff. These students provide the majority of individual counseling sessions, all practicum counselors co-facilitate support groups with a staff member or staff associate and each student contributes 5 – 7 hours of week in programming. The students for 2009-2010 were:
1. Alexis Arcynski, Ph.D. candidate in counseling psychology
2. Jennifer Netto, M.S.W. candidate in Social Work
3. Amy Lee, LPC candidate in counseling psychology
4. Stephanie Hoover, Ph. D. candidate in counseling psychology
5. Whitney Hagen, Ph.D, candidate in counseling psychology
We also had a half-time graduate assistant from the Department of Education, Leadership and Policy, one half-time work-study position and, a bachelor’s level social work intern to complete our office staff. We are fortunate each year to have the number of student staff.

1. Jennifer Wozab, Graduate Assistant
2. Natalie Bushman, BSW intern
3. Claudia Gomes, Work-Study

Our challenges for the upcoming year(s) will be space and funding for staff. We moved into our current office in 2007 and it is a wonderful space. I have watched the WRC grow and seen us using every square inch of space. This requires creative scheduling and planning. I look forward to addressing this issue. Funding for our practicum student is an ongoing concern of mine and well as ongoing funding for our Go Girlz Community Initiative.

The work being done at the WRC continue to be fulfilling and meaningful. The enthusiasm of the staff has not diminished but grows and it is fun to watch the ways in which we come together to meet the needs and challenges of our students. We celebrate the accomplishments of the WRC every year through the success of the students that we work with. We greatly appreciate the ongoing support and opportunities afforded us in Student Affairs. Our team stability and commitment is a testament to our great colleagues and work environment that we are privileged to work with and learn from. I am extremely pleased to be approaching our tenth year as a team.

ASSISTANT DIRECTOR/DEVELOPMENT OFFICER

PROGRAMMING AND COLLABORATIONS
This year we continued on with our collaborations between the WRC office and other organizations that share similar values and goals. As part of our desire to address the turning back of the Affirmative Action during the Utah Legislative season the WRC collaborated with KRCL and the Utah Women’s Forum to host three separate shows on RadioActive to discuss the different aspects of Affirmative Action. Both Debra Daniels and Kim Hall participated in two different discussions. The relationship that was formed was in part developed by a previous WRC volunteer, Alana Burman (who now works at KRCL). This collaboration between the community based radio station and the WRC will continue on throughout the coming years.
Kim Hall continued on with the collaborative relationship between the David Eccles School of Business and the WRC. We held two informational sessions aimed at potential female graduate school students at the WRC. In addition to the positive regard that has been built between the two offices, we now have a WRC Michael’s Scholar who is being supported by the School of Business to complete the GMAT exam and start in the School of Business graduate program in fall 2011.

CAMPUS AND COMMUNITY PROGRAMMING

KRCL PHONE-A-THON VOLUNTEER OCTOBER 1st - 8th
As part of our community partnership with KRCL, The WRC participated in the KRCL Phone-A-Thon which took place October 1st – October 8th, 2011. Staff volunteered for two hour time slots during the week to answer phone calls for individuals wishing to donate to the WRC. This was a great opportunity for staff to participate in a community partnership and will most likely continue with this next year.

BRYANT MIDDLE SCHOOL MULTCULTURAL EXTRAVAGANZA
In October of 2010, Nakita Swanigan was asked to teach a step routine to a group of young girls at Bryant Jr. High in preparation for their Multicultural Extravaganza taken place on Nov. 17th & 18th. Nakita volunteered Friday and Wednesday afternoons teaching the routine. This was a worthwhile experience as the young girls developed a sense of self-confidence and community throughout the weeks they were together and continued on with the Go Girlz program after the event was over.

WOMEN’S WEEK
Nakita Swanigan acted as an administrative support to the Women’s Week Committee & served on the Art Exhibit Committee. The theme for Women’s Week was, Ain’t Misbehaving: Women Making History, Fighting for Equality. The keynote for the week was Ruth O’Brien who is the Executive Officer of the Ph.D./M.A. program in Political Science at the John Jay College of Criminal Justice. The week also featured other events such as a panel discussion on the glass ceiling, a monologues performance & lunch-time keynote by University of Michigan President, Mary Sue Coleman. The Art Exhibit, Women Making Noise, was held on Monday Feb. 28th and featured the work of upcoming artist Sherell Barnes. Sherell worked with a group of young girls through the Go Girlz program to create pieces to be displayed in the show as well.
AN EVENING WITH bell hooks MARCH 28th –APRIL 1st
At the end of March bell hooks, scholar-in-residence visited the University of Utah. The Women’s Resource Center was a sponsor for the event, hosting a reception for student affairs employees at the Alumni House.

5K RUN FOR WOMEN IN CONGO
In June of 2010 & 2011 the Women’s Resource Center sponsored a 5k Run for Women in Congo. This event was to raise awareness about the rampant number of rapes occurring as a result of the conflict. In 2010, 35 people participated in the 5K and $1,000 was raised. In 2011, 124 people participated in the 5K and the event raised $3,023 in support of Women in Congo! The event will only continue to grow with each year.

ALTERNATIVE SPRING BREAK
The Women’s Resource Center sponsored Amanda Hernandez to attend an Alternative Spring Break of her choice. Amanda attended the San Diego Alternative Spring Break trip where she worked with American Friends Service Committee, an organization that provides human rights services for residents near the San Diego/Tijuana border. Amanda also worked with habitat for humanity and the Catholic Charities Refugee Employment center.

MANAGEMENT OF SCHOLARSHIPS
This year the management of scholarships again went very well. I think it was due to the Orientation Workshop that we did early in the fall semester. In the Orientation we addressed the WRC office’s communication procedure, academic expectations, communicating and managing unexpected difficulties through the WRC, education and contact information for resources on campus. Financial Aid, ASUU Tutoring Center, Marriott Library, University College, the Educational Opportunities Program, and the Learning Enhancement Program presented. Kim Hall and Nakita Swanigan continued to work together to meet the needs of scholarship students.

One change in protocol involves having scholarship recipients closely monitor their financial aid status themselves. As part of the award process we now are sending over the names of the recipients to Financial Aid and checking their financial capacity to receive the scholarship before awarding. This extra step has saved many office hours spent renegotiating scholarship funding or misunderstandings between scholars, the WRC and the Financial Aid office.
We awarded 10 Harmon, 10 Simmons, 10 Sorenson, 4 Mary Cherry, and 5 Michael Foundation Scholarship. For the 2010-2011 year we received continued support for all of the scholarships we offered this past fiscal year, with the Sorenson Legacy Foundation upping their funding to 30,000. We also awarded 25 Osher Foundation scholarships and the 1 million dollar endowment was moved over to the WRC. Kim Hall wrote our first yearly update in May 2011.

GO GIRLZ COMMUNITY INITIATIVE
BRYANT MIDDLE SCHOOL, WEST HIGH SCHOOL

The Go Girlz Community Initiative was very successful again this year. Jennifer Netto, a practicum student at the WRC, managed the Bryant Middle School program and the West High program this year. Bryant Middle School rescheduled their Multi-Cultural Event to the fall semester, which made it hard to establish a connection with the students early in the fall semester. However, we were able to rally late in the fall semester to establish a connection with the students and continue on with the programming events.

West High School was a challenge this year due to the difficulty of getting together with the students. We were able to work with four of the senior students to prepare for their ACT exam and application to the University of Utah. We are currently sponsoring two Go Girlz students in our Sponsored Student program for the fall semester. To complete the natural cohort cycle we have two Go Girlz who were in our original cohort at Bryant Middle School as seventh graders and will be attending The University this fall. One student will be receiving the Board of Advisors Scholarship that was awarded to the WRC.

In spring 2011 we were approached by Karen Shaw (a former BSW intern here at the WRC) who is now a lawyer and works with Ensign Peak Services, an organization that works with international refugee orphans, to establish a Go Girlz cohort for international female students who are in foster care services. At this point in time we are meeting with the staff of Ensign Peak Services to develop programming for their clientele. Natalie Bushman, who was the spring and summer BSW practicum student has been working with the students, families and Ensign Peak colleagues. We are currently planning a PhotoVoice project with the refugee students in the foster care system. This project is spearheaded by Cathleen Power, PhD, who is a faculty member at Westminster College. The details are unfolding now and we will report in more detail in next year’s report.
We were contacted by Salt Lake County Youth City to provide a programming event for their girls. Fifteen girls were transported up to The University and we had an informational pizza party followed by bowling in the Union. We felt it was a good start to an on-going partnership with Salt Lake County Youth City. Additionally, we coordinated a University of Utah informational day with a West High Summer Drill Team cohort. There were 30 students in attendance and a plan to meet later in the summer to discuss the possibility of establishing an ongoing Go Girlz Program at West High for the Drill Team. This is an exciting proposition given that the cohort is established and the meeting time is mandatory for the students.

Kim Hall also responded to a request by Jackson Elementary to meet and discuss the possibility of doing Go Girlz programming with their sixth grade girls for the upcoming year. That discussion led to the meeting with Franklin Elementary to do similar programming at their school. This partnership is very strategic given that both schools feed into Bryant Middle School. We will continue to pursue this possibility during the next year.

5% SPONSORED STUDENTS
This fall the WRC started with 24 traditional aged sponsored students and in spring 2011 we added six more students. We continued on with the mandatory enrollment in UC 1010 Successful Start at the U, which was created to enhance the information covered in the online orientation and introduce students to even more resources. They also had the option to take Ed Psych 2600 Strategy for College Success designed to encourage academic success through focusing on test taking skills, time scheduling, stress management, university resources, and other learning techniques. Every student responded that the class had a very good experience for them.

We also organized a series of workshops that are intended to assist them in locating resources and services as well begin to develop skills that will allow them to become effective students. The workshops and description are as follows:

SPONSORED STUDENT WORKSHOPS
These workshops are designed to give you tools to navigate the University in some of the most critical areas: involvement, finances, and networking. Each workshop is divided into three series. To get the most out of the workshop, you need to attend the entire series.
Enhancing Your Education Workshops

Part 1: **Getting Involved at the U: Balancing School/Work/Family/Friends**
As a student you hear hundreds of times, “get involved,” but what does that mean? Do you sometime feel torn about your various commitments? Do you often find yourself overwhelmed about the amount of work you need to do and how little time you have to do it?

Join us and find out about involvement opportunities that you can fit in your schedule and use to build your resume. Learn about experiences on campus and in our communities that you can connect to your academic interests. Learn how to organize your time and energy in ways that will help you to succeed at the University. Students who have successfully navigated these issues will share their strategies with you.

Part 2: **Knowing Your Rights, Knowing the System**
As a student of the University, you are expected to know University policy. Come and learn what rights you have as a student, learn about important policies and procedures that every student should know, find out how knowing about the Student Code can protect you while studying at the University.

Part 3: **Successfully Picking Your Classes (Fall and Spring Semester)**
When you think about registering for classes, you should also think about this: What successful students know is that planning early means you not only get the classes you need but also the classes that you want. Come to this workshop and learn how to successfully balance your classes, learn which classes count for the requirements that every student needs, and who are the important people that you should meet with to get you on your path to graduation.

Paying for College Workshops

Part 1: **Getting Your Money’s Worth in College**
College is not cheap! There are things that all of us can do to make sure that we are in a better financial place when we are finished with school. In this workshop, you will learn some common strategies that you can use to make your money and resources stretch while pursing your degree.
Part 2: The Three “Rs” of Acquiring Scholarships: Research, Recommendations & Writing

Find ways to research scholarships that meet your qualifications. Learn effective ways to ask for letters of recommendation. Get advice about writing a personal statement that will make your application stand out in a pool of applications. This workshop will be followed up with opportunities to have your personal statement reviewed and offer you practical suggestions to make it stronger.

Part 3: Learn How to Successfully Navigate the Financial Aid Process

Come be witness to the unraveling of mysteries of Financial Aid. Learn about what you need to know about your financial aid options, how to maximize the aid you are awarded, and work with trained professionals to fill out the FAFSA (free application for federal student aid).

Developing Networking Skills and Opportunities

Part 1: Networking for Success: Connecting with Faculty, Staff and Students

Faculty, Staff and Studies at the University will discuss their ideas about how to successfully network on and navigate campus. You will learn some critical strategies to help you advocate for yourself while at the University.

Part 2: Networking for Your Future Career: Register with Career Services

Students find Career Services an invaluable resource in learning about future career and educational options. Oftentimes students wait until they are almost done with their degree before making a connection with a career counselor, and this means they have less time to make themselves competitive. This workshop will give you ideas of what you can do – no matter what your academic level is – to take advantage of what Career Services offers you as a student.

Part 3: EXPLORING MAJORS AND MINORS AT THE U

Finding what you are passionate to study can be one of the most fulfilling experiences while you are in College. It can also be one of the most challenging as you look at all of the major and minor options available to you. Come to this workshop and learn some effective strategies for finding a major and/or minor that suits you. As one of the first steps, you will learn about opportunities that are available to you at the annual Major Expo.
Another additional change we made with our Sponsored Student Program was to partner with University College to dedicate seven of their advisors to work individually with the students. Kim Hall put together a collaboration program with University College that funnels all of the WRC sponsored students over to an assigned UC Advisor. As part of their sponsorship the students agree to meet with their advisor a minimum of two times per semester to check in, decide on their class schedule, and to generally learn how to strategize course selection. The UC advisors attend and participate in as many workshops as possible throughout the school year. Additionally, we meet and counsel all sponsored student who qualify for the Trio Program to participate in that program and utilize the resources available to them. Again, that partnership allows multiple people from two offices within Student Affairs (WRC and Student Support Services) and University College to assist each student should they have the initiative to participate.

We feel this is a good collaboration for us and that the UC Academic Advisors can make sure that the students are making good choices with their class schedules. We are updating and adjusting the partnership for the upcoming academic year.

FUNDRAISING AND GRANT WRITING

GENERAL FUNDRAISING EFFORTS
This year has been a challenging fundraising year for both individuals and foundations. In addition to our First Annual Fundraiser in the fall, we have been able to maintain an impressive amount of fundraising from various foundations.

This year we received funding from:

George S. and Dolores Dore Eccles Foundation 15,000
Emergency Funds

Castle Foundation Emergency Funds 2,000

Michael Foundation Scholarships 10,000

Sorenson Legacy Foundation Scholarships 30,000

Hemingway Foundation Go Girlz 3,000
The Women’s Resource Clinical program had a busy 2010-2011 academic year. We accepted five clinical practicum students which allowed us to increase the number of clients we were able to see by 18%. We also increased our overall individual therapy hours by 25%. Our group program also saw expanded numbers. We increased the number of group hours by 17% despite the fact that we maintained the same number of groups as the year before.

Our clinical practicum students also participated in WRC programming including Pride Week, the Conference on Social Awareness, Women’s Week, and ‘revolUtion,’ the WRC sponsored student group that does educational presentations on issues of violence against women. RevolUtion produces and facilitates workshops to assist students in understanding healthy relationships by utilizing theater and group discussion to encourage an open dialogue and safe learning environment. During the fall 2010 semester, two presentations were done for the freshman athletes for an approximate 60 students. During the spring 2011 semester, revolUtion presented for 135 students and the Student Affairs Diversity Group (approximately 45 people).

The WRC sponsored the practicum students to attend the annual Association for Women in Psychology where they presented as a group on their experiences at the WRC. They also spent time volunteering at the meeting and addressing issues of inclusion and equity in the national organization. We received extremely
positive feedback from our professional colleagues at AWP regarding the professionalism and commitment of our practicum students to the values to feminist multicultural therapy.

Finally, all three of our doctoral level practicum students from Counseling Psychology received the prestigious Steffensen-Canon scholarship for the 2011-2012 academic year. We believe these awards are reflective of the high level of achievement reached by the students who apply to and graduate from our clinical practicum.

COLLABORATIONS/PROJECTS
1. Supervised 5 clinical practicum students over the course of the year
2. Co-taught the Feminist Multicultural Therapy weekly clinical seminar
3. Saw 7 clients in individual therapy
4. Continued co-facilitation of the Hand to Hand Monday night support group
5. Continued co-facilitation of the white women’s antiracism activist group including both campus and community members
   a. Presented with other group members in an academic class
   b. Facilitated discussion on race and privilege
6. Served on the leadership collective of the student group ‘revolUtion’
   a. Addresses violence against women by using interactive theater
7. Continued to participate in the Dialogue Training Group
   a. Presented with another group member in a graduate class on issues of race and privilege
   b. Co-facilitated a workshop for the Bridge Program for the Physicians Assistant program incoming cohort
8. Served on 3 doctoral committees
9. Participating in the ‘Herstory’ project
   a. A qualitative study focusing on the history and impact of the Women’s Resource Center

CLINICAL NUMBERS SUMMARY
Individual clients 70
1. Students 75%
2. Grad students 13%
3. Staff 11%
4. Faculty .01%
5. Ethnic minority 34%
6. LGBTQ 30%
7. Heterosexual 70%
8. Survivors of violence  54%
9. Disability  11%
10. Gender
   Male  14%
   Female  83%
   Other  .02%

TOTAL NUMBER OF CLIENT HOURS
Individual/couples  666 hours
Group  1584 hours

The above totals reflect an 18% increase in numbers of clients served, a 25% increase in individual therapy hours, and a 17% increase in group hours, the latter achieved with the same number of groups as the year before.

TRAINING COORDINATOR

FEMINIST MULTICULTURAL COUNSELING TRAINING PROGRAM
Donna Hawxhurst’s major and ongoing responsibilities as Training Coordinator were essentially the same as reported in last year’s annual report. Some exceptions: We accepted five practicum students for the 2010-11 academic year; three doctoral counseling psychology students, one 2nd year MSW student, and one professional counseling student.

OTHER RESPONSIBILITIES INCLUDE:
1. Supervised one new practicum student for individual counseling and two new practicum students who co-facilitated the Body Politics group during Summer 2010.
2. Individual supervision of two practicum students weekly during Fall semester, 2010 and three individual practicum students during Spring semester, 2011. Provided additional consultation as needed.

CLIENTS
1. Four individual clients for a combined total of 84 sessions (Summer/Fall 2010; Spring, 2011)
2. Facilitated two groups: Body Politics (summer, fall, & spring semesters); and LBQQ fall & spring semesters.

PRESENTATIONS AND PARTICIPATION
1. Initial & ongoing consultation with Stephanie Hoover to address her ethnographic study on WRC FMC Training Program
2. Taught Summer FMT course – 1st summer session, 2010
4. Body Politics Summer Group – 6 participants, 10 sessions co-facilitated with 2 incoming practicum students
5. Individual Clients, Summer: Five
6. Supervised one summer practicum student in her work with individual clients and two incoming practicum students for group sessions
7. AWP (June): Organized and facilitated 2-day Imp meeting in SLC, June
8. APA (August): Facilitated 2 conversation hours in the AWP/Div 35 Hospitality Suite
9. AWP (November): Organized and facilitated 2-day national Imp meeting in Philadelphia
10. Co-facilitated (with WRC staff colleagues) a discussion on affirmative action at the 7th Annual Conference on Social Awareness (COSA). Feb. 12 – attended all sessions
11. AWP (March Annual Conference) Co-facilitated with Debra Daniels an interactive ½ day pre-conference workshop for the Women of Color Caucus
12. Coordinated and participated in an invited anti-racist workshop for white women at the 2011 Annual AWP Conference, March 2011, Philadelphia
15. Participated in a “Fishbowl Conversation on Racism and White Privilege” for an introductory counseling class, spring, 2011
16. Participated bi-monthly (monthly during summer) in WWWIRE (White Women Working on Issues of Race & Equity)
17. Initiated a WRC *Herstory* project and recruited colleagues and students to participate on the research team
CAMPUS & COMMUNITY COMMITTEES:
1. Student Athlete Wellness Team. Monthly meetings with colleagues from the U of U and community.
2. Continuing involvement and consultation with AWP Utah.
3. LGBT Resource Center Advisory Board

ACADEMIC RESPONSIBILITIES:
1. Adjunct Clinical Associate Professor, Department of Educational Psychology.
2. Staff Associate, UCC
3. Served on three doctoral dissertation committees

TRAINEEs: PRACTICUM STUDENTS AND INTERNS
The majority of clients at the WRC were seen by our five practicum counselors (One Masters of Social Work, One Counseling Psychology, One Professional Counseling) under supervision by the Counseling Coordinator and Training Coordinator. The student counselors had (on a weekly basis) at least one hour of individual supervision, one hour of group supervision, and half to one hour of supervision/consultation with their supervising co-facilitator. In addition, they met for a 2 ½ hour Feminist Multicultural Counseling Seminar that includes theory, practice, and client consults, facilitated by the counseling and training coordinators. In addition to counseling and supervision commitments the students were involved with WRC programming and outreach, with supervision and consultation provided by the Program Coordinator and Director. As training coordinator, Donna collaborated with all other staff members involved in the consultation and supervision of practicum students.

PROFESSIONAL ACHIEVEMENTS
1. Served as the National Collective Coordinator of the Association for Women in Psychology.

REFLECTIONS AND RECOMMENDATIONS
Donna Hawxhurst continues to recommend an increase in stipends for practicum students, leading ultimately to a full tuition waiver as well as increasing the Training Coordinator position to three quarter time. In addition, Donna proposes that funding be made available to provide additional staff at the WRC during the summers to accommodate students who don't qualify for counseling at the University Counseling Center.

ADMINISTRATIVE ASSISTANT
SCHOLARSHIPS AND EMERGENCY FUNDS
For the 2010 – 2011 school year the Women’s Resource Center received 70 scholarship applications. Of those 70, 56 students were awarded scholarships. Our scholarship recipients had an average fall GPA of 3.585 and spring GPA of 3.900. Our scholarship recipients were enrolled in average of 12 credit hours for both the Fall & Spring semesters. Scholarships were awarded to non-traditional students, single parents, graduate students and women of color.

This year we had several students who were unclear about registration requirements for the scholarship they received. This resulted in students receiving less funding and/or losing their scholarships because they did not meet the registration requirements. It was a difficult process for these students and the office. As a result, we have clearly outlined registration requirements in the application packet and have included the information in the acceptance letter they receive.

SCHOLARSHIP INFORMATION SESSIONS
This year Nakita Swanigan hosted two scholarship information sessions during the spring semester of 2011. The purpose of the sessions were to (1) give an overview of the scholarship application process (FAFSA, letters of recommendation, personal statements) and (2) allow applicants to ask any questions they may have about the Women’s Resource Center Scholarships and process. Seven students attended these sessions, with all attendees finding the sessions to be extremely useful or useful. Attendees noted that they would like to see examples of applications (good and bad) as well as in-depth information on personal statements & letters of recommendation. We look at integrating this for the 2012 Scholarship Information Sessions.

EMERGENCY FUNDS
For the 2010 – 2011 fiscal year we awarded students $15,102.23 in emergency funds. We received 74 applications, an increase in last year from 52. Of these 74 requests, 22 applications were denied. Sixteen of the applications requested funding for tuition, 14 for books, nine for household bills, four for educational fees (i.e. tutors, testing, & admissions), three for housing, two for car related expenses, and one for healthcare related expenses.

PROFESSIONAL DEVELOPMENT & COMMITTEES

PRESENTATIONS AND CONFERENCES
• Presentation: How to Be a Global Leader (presented at the Learning to Lead Conference on November 30th, 2010)
• Presentation: Working with the Whole Student: A Model for Learning & Success (presented at the University of Utah Advising Conference on Tuesday, September 21st, 2010)
• Attended: Utah NASPA Conference Friday, October 22nd, 2010 – University of Utah
• Attended: NASPA Western Regional Conference Nov. 3rd – 6th, 2010 – Portland, OR

COMMITTEES
• Bennion Center Tanner Fellowship
• Women’s Week
• Spectrum – Utah Pride Center
• Revolution – Leadership Collective

GRADUATE STUDENTS SCHOOL OF BUSINESS
During the Fall 2010 semester, Nakita Swanigan worked with a group of MBA students who were enrolled in a class taught by Gerardo Okhuysen. As part of their classroom experience, the students were asked to work on projects for various office in student affairs. Nakita meet with the students four times over the course of the semester as we looked at developing an assessment and tracking system as well as a functional mailing list. The end result was a mailing list database that can easily be used by all. The students were not able to implement an assessment & tracking system due to class limitations but they were able to make some recommendations about developing a program. We will look at implementing these recommendations in the near future.

ARCHIVES
We are now able to utilize the University’s record and retention department for storage of our counseling files, scholarship applications, and financial information. A large portion of our files were transported over the summer of 2011. This has freed up a significant amount of space that we will now be able to utilize.

COMPUTERS
During the fiscal year we were able to replace two computers. We bought a new system for the front desk, the most used space in the office. This has increased productivity for students in the office. We also purchased a thin client for the
practicum office. We will continue to look at replacing a few more computers in the office.

**CALLING CAMPAIGN: REGISTRAR’S OFFICE**
This year we participated in two calling campaigns for the registrar’s office. The first campaign took place in October of 2010 and involved calling freshmen parents/families to learn about their experiences with the University and offer assistance. The WRC completed 100 calls. The second campaign took place in December of 2010 and involved calling students who had not yet registered for the spring 2011 semester. The WRC completed 200 calls.

**VOLUNTEERS**
We continue to receive numerous requests for volunteer opportunities at the Women’s Resource Center. We received 12 requests from individuals who were interested in volunteering. We have high expectations for our volunteers and ask them to be consistent with their work schedule. This is beneficial not only to the volunteer but to the overall productivity of the office:

Marlin Mawa was our intern from AMES academy during the summer 2010 semester. Marlin will start classes at the University of Utah in Fall of 2011 and will be sponsored by the Women’s Resource Center.

Sara Goldsby is from the community who was looking to do something meaningful with her extra time. We have found Sara to be an essential part of the team. Sara plans to begin her master's in social work in the near future. Sara volunteered 6 hours a week for 37 weeks = 222 hours.

Barbara Kessel is a Ph.D. student in the department of Education, Culture & Society. She was interested in women’s issues and wanted to give back to the University of Utah community. Barbara volunteered 3 hours a week for 27 weeks = 81 hours.

**VIOLENCE AGAINST WOMEN COORDINATOR**
Angie Makomenaw joined the WRC staff in January and took ten weeks off for maternity leave in the spring. During her brief time at the WRC, Angie has made considerable strides in connecting with community agencies involved with ending violence against women. Angie has met with staff from Rape Recovery Center, Utah Coalition Against Sexual Assault, Family Justice Center, YWCA, and Salt Lake Sexual Assault Nurse Examiners. Also, Angie collaborated with Rape
Recovery Center, Utah Coalition Against Sexual Assault, and the Salt Lake City Mayor’s Office to plan and participate in several events designed to bring awareness regarding sexual violence to the Spanish speaking community.

Angie has completed two Healthy Relationships presentations for freshman level health classes, been a part of a general discussion on Domestic Violence Advocacy training for a graduate level counseling course, performed for Bryant Middle School Go Girlz and presented for the ACCESS students regarding Sexual Assault Awareness. For these various presentations, Angie, has created educational resource handouts addressing: the dating power and control wheel, myths and facts about rape, tips to party safely, bystander mentality and relevant resources.

Angie created awareness cards attached with teal ribbons for Sexual Assault Awareness Month (April) and disturbed them throughout campus and various community events. The cards gave statistical information regarding sexual assault and rape and tips on how people can get involved.

**STAFF AWARDS**
The Women’s Resource Center received the 2011 Pete Suazo Award for Leadership and Advocacy. This was a great honor and recognition for the work that we do.

**SUMMARY**
As a staff we are pleased with what we have been able to accomplish and are proud of reaching so many of the goals we set for the Women’s Resource Center.