MISSION STATEMENT
The Women’s Resource Center (WRC) at the University of Utah serves as the central resource of educational and support services for women. Honoring the complexities of women’s identities, the WRC facilitates choices and changes through programs, counseling, and training grounded in a commitment to advance social justice and equality.

DIRECTOR
Each year as I write this report I continue to be overwhelmed at the amount and quality of work we do with such a small staff. Again this year you will see that the WRC staff is heavily involved on campus and off campus. We continue to build new partnerships and engage in collaborations that strengthen our ability to commit to students and student success.

The Women’s Resource Center has completed another ambitious year. It also marks the completion of our five year strategic plan which will be outlined in this report. I am extremely satisfied with the accomplishments we have achieved. We are seeing more students that we ever have before. This is true in all areas of our services from counseling services to, to our Go Girlz Initiative, to our 5% student Sponsorship Program.

The current Women’s Resource Center staff includes:

- Debra S. Daniels, MSW, Director
- Nakita Swanigan, Me.D., Administrative Assistant
- Kristy K. Bartley, Ph. D., Counseling Coordinator (.75 FTE)
- Kimberly Hall, MFA, Associate Director, Development Officer
- Donna Hawxhurst, Ph. D. Counseling Consultant (.25 FTE)
I am pleased to see the staff in such a stable and committed position. The work that they continue to do with such dedication and passion is exhilarating and serves as great role models and mentors to the many students we work with. I will be discussing their many great contributions, accomplishments and goals later in this report.

Each year brings new practicum students to the WRC to work as part of our staff. These students provide the majority of individual counseling sessions and all practicum counselors co-facilitate support groups with a staff member or staff associate. The students for 2009-2010 were:

- Louisa Phinney, Ph.D. candidate in counseling psychology
- Erin Gibson, M.S.W. candidate in Social Work
- Diana Law, M.S.W. candidate in Social Work
- Molly Butterworth, Ph.D. candidate in clinical psychology

We also had for a second year a half-time graduate assistant from the Department of Education, Leadership and Policy and one half-time work-study position to complete our office staff. We are fortunate each year to have the number of student staff, their contribution is invaluable.

- Makeda Meeks, Graduate Assistant
- Claudia Gomes, Work-Study

**HIGHLIGHTS**

This year marks the completion of our five year strategic plan, which we feel are in direct alignment with the Student Affairs Strategic Plan. Our goals included:

- Increase the amount of funding for students for scholarships, emergencies and student engagement opportunities
- Provide ongoing funding in the form of a annual stipend for our graduate level counseling practicum students
- To formalize the position of our staff consultant to a training coordinator and to increase the position to a .67 FTE
- Increase the salary of our administrative assistant
- Establish an advisory board/committee
Increase staff development opportunities, assure that all staff receive training and have access to resources

Strengthen our work in the areas of social justice and violence against women

Provide ongoing assessment and evaluation for WRC programming and services

In May 2011 we will conduct a retreat to evaluate and plan for the next five years. This will allow us to determine how well we did, where we fell short and what areas will require additional work, establish what is ongoing work and implementing strategies for further success.

New initiatives and programming were a very important component of our five year goal to address diversity and social justice issues on campus. To that end, the Student Affairs Diversity Council (SADC) was formed one year ago with the intention of increasing the skills, knowledge and awareness of the Student Affairs Staff on issue that impact students. The Mission Statement reads, “The Student Affairs Diversity Council (SADC) strives to cultivate and environment that embraces and promotes the broad scope of diversity within the division.”

SADC has a representative from every office in Student Affairs assuring voice, input and access for all Student Affairs staff. The Council is co-chaired by Kari Ellingson and myself, and this initiative supports the broader goal of The University and Student Affairs to prioritize and make clear the value of diversity.

This year the Utah Dialogue Training Group (UTDG) was implemented to assist with difficult conversation across campus that relate to diversity. The purpose of UTDG is to create a sustainable project of dedicated university and community colleagues who will work together to teach dialogue facilitation, facilitative self-reflection, and effective listening skills to University faculty (particularly faculty currently teaching diversity-designated and related social justice classes), members of the Student Affairs Diversity Council mentioned earlier, and groups
that are currently in tension or where marginalization of or one by another is experienced or to eliminate or reduce such problems before they arise.

Students all of all backgrounds have expressed extremely strong feelings about classroom and campus climate that has interfered with their academic success. UTDG serves as a body that meets regularly, receives training and education, and teaches by its own process how to facilitate safe, respectful and productive dialogues for others who are experiencing difficulty in this area.

On a more inter-office note, the WRC Ambassador Committee has decided to move ahead with our First Annual Fundraiser in the fall. We are in the planning stages with Ginger Marshall will serving as our event coordinator, helping guide us through the process. At this point we have decided on the location, cost of attending the event, food vendor, live music/entertainers and we will hold a live auction and not a silent auction. Ginger is unparallel in her organization and communication skills and I feel confident the fundraiser will be a success.

**SERVICE DELIVERY**

**RANGE OF SERVICES WE OFFER STUDENTS**

The past seven years we have experienced a significant shift in the range of students that we serve. While we continue to serve non-traditional aged students and single parents returning to school, our years of collaboration with a multitude of offices and departments has served as a catalyst for us to work with more traditional aged, underrepresented, and male students. The Student Persistent Project (SPP) brings 8-10 Student Affairs offices, various Academic Affairs Offices, and the Marriott Writing Center together to support students by providing twelve mini workshops throughout the year to help develop much needed academic, organizational, and problem solving skills. The SPP brings students in to contact with a support system that they will be able to utilize through their college experience. I believe this comprehensive multidisciplinary approach will
lead to great retention and overall success not only of our 5% Sponsored Student and University Neighborhood Partnership cohort, but also the University students who are now participating.

Each year we continue to address violence against women on campus and social justice issues which has provides an opportunity to engage with athletics, the Greeks, classrooms and other campus events to help educate the campus community about resources, prevention strategies, and opportunities for volunteers. Additionally, we continue to provide greater opportunities for engagement (sponsoring a student for Alternative Fall and Spring Breaks who would otherwise not be able to attend), develop ongoing fundraising that builds financial resources to assist any student who might be facing a hardship that could interrupt their education and thwart their success. These efforts and successes have brought students to our office that would have never come to the WRC.

ASSISTANT DIRECTOR/DEVELOPMENT OFFICER

PROGRAMMING AND COLLABORATIONS ON CAMPUS

This year the WRC was involved in many partnerships that included a multitude of collaborations both on and off campus. Firstly, the Retention Committee lives on as the Student Persistence Project (SPP). Headed up by Kim Hall and Liz Leckie, Assistant Dean in the College of Humanities, the program evolved into a year round programming piece that incorporated various offices such as Financial Aid, Dean of Students, Career Services, University Counseling Center, Marriott Writing Program, and many others (calendar attached). The Student Persistence Project is a series of workshops designed to provide students with skills and resources to navigate successfully the University of Utah and learn to better advocate for themselves in some of the most critical areas: Involvement, Finances and Self-Advocacy.
The turn-out was variable but we had around 100 students who received the information. This group was drawn from the WRC Scholarship and 5% Sponsored list, as well as the University Neighborhood Partnership (UNP) Cohort. The UNP Cohort was the student population from University Neighborhood Partners.

During the 2008-2009 year we were asked to collaborate with UNP in their Student Cohort Partnership. Essentially we agreed to distribute $20,000 in tuition and stipend money for two female students who are attending The University as well as mentor them in learning how to advocate for approximately 17 undergraduate students who are part of the UNP Cohort.

In 2009-2010 we again received money to sponsor three interns as well as two student interns who were paid $1,000 per student in stipends to assist with Go Girlz. Given the SPP workshop topics, we decided to include the UNP Cohort in the trainings. The turnout was good, given the fact that Joel Arizo and Brizia Ceja were forming the cohort as the program evolved. We will continue to collaborate with UNP with our SPP Workshops. We will also require as part of their sponsorship, that our 5% Sponsored student attend 50% or the workshops offered.

Additionally, our office was invited to attend the Honor’s College World Café a retreat involving offices from The University as well as various community companies and corporation throughout the Salt Lake Valley. Kim Hall attended this retreat and from that experience we have followed up on connections that were made there, most notably with a private consultant who is assisting us with our vision of how to develop our Ambassador’s Committee.

**OFF CAMPUS**

This year Kim Hall became involved in the West High Community Partnership, which is a new partnership that seeks to bring all of the community organizations
who serve West High School together in the hopes of consolidating services as well track students who are currently participating in each of the programs. Other organizations participating are Colors of Success, the Inclusion Center, Community Health Clinics, Upward Bound at The University, Utah College Advising Corp, Educational Talent Search, the University of Utah Ambassador Program among others. This collaboration has been a great opportunity for Kim to familiarize herself with programs and support services offered through West High School and most directly the Go Girlz Program that is now meeting twice per month in the high school

MANAGEMENT OF SCHOLARSHIPS
This year the management of the scholarships again went very well. I think it was due to the Orientation Workshop that we did early in the fall semester. In the Orientation we addressed the WRC office’s communication procedure, academic expectations, communicating and managing unexpected difficulties through the WRC, education and contact information for resources on campus. Financial Aid, ASUU Tutoring Center, Marriott Library, University College, the Educational Opportunities Program, and the Learning Enhancement Program presented.

One change in protocol involves having scholarship recipients closely monitor their financial aid status themselves. In the past the WRC has been very involved in negotiating with the Financial Aid Office to ensure that each scholarship recipient’s aid report was accurate and up-to-date. With more women being fired from work positions, some financial aid packages are becoming far too unwieldy for one person to manage. Therefore, we had a meeting with Financial Aid that essentially allowed Nakita Swanigan and Kim Hall to access Financial Aid information via PeopleSoft and assign us a dedicated Financial Aid Officer to assist us; with upwards to 60 people receiving scholarships from the WRC that seems like a prudent decision. However, the fall 2010 Orientation program will clearly spell out the recipient’s responsibility to closely manage their aid package rather than relying on the WRC to closely assist them.
We awarded 10 Harmon, 10 Simmons, 10 Sorenson, 4 Mary Cherry and 5 Michael Foundation Scholarship. We received $5,000 in grant money from the Ashton Family Foundation to fund female students who are coming out of a domestic violence situation. For the 2010-2011 year we received continued support in 2009-2010 for all of the scholarships we offered this past fiscal year, with the Sorenson Legacy Foundation upping their funding to 25,000.

GO GIRLZ COMMUNITY INITIATIVE
BRYANT MIDDLE SCHOOL
The Go Girlz Community Initiative was very successful again this year. Natalie Henderson, a student here at The University, managed the Bryant Middle School program this year. We continued on with our 14 presentations that addressed the exploration of self esteem and body image through art projects, instruction concerning the potential dangers of internet ‘personal pages’, the value of choosing friends who help you be the best you can be, dance and personal writing. We also added a “Preparing for High School” presentation that explained all of the programs and opportunities that are available at West, East and Highland High, the most common high school choices for Bryant Middle School Students. All of the presentations have been enthusiastically received by both the middle school students as well as the administration.

This year we were unable to attend cultural and educational events due to structured programming and testing in the middle school. However, this year we added an Honor’s Evening to acknowledge the graduating eighth graders and to provide information to the parents of the high school opportunities that are available at each high school. It is apparent that most middle school students are not prepared to strategize what programs are essential to their academic success and future college attendance at the age of 14 years old. Therefore, we are hoping to bring the parents in to this decision making process.
This year at Bryant Middle School we have 15-18 students we worked with consistently and will follow them into high school. This year we were able to add two student tutors to meet with the girls. These students were provided by our partnership with University Neighborhood Partners and they received stipends for their assistance. One student is actually a 5% student sponsored by the WRC and the other is a freshman who participated in Go Girlz as a high school senior last year.

Additionally, we were contacted by Salt Lake County Youth City to provide a programming event for their girls. Fifteen girls were transported up to The University and we had an informational pizza party followed by bowling in the Union. We felt it was a good start to an on-going partnership with SLCO.

**WEST HIGH SCHOOL**

During the spring of 2009 Kim Hall participated in West High’s Community Ally Group meeting, which was a group of community organizations who met with West High Counselors in order to cross refer to our different groups depending on the students’ needs. This group morphed into the West High Community Partnership in the fall 2009. Because of this collaboration Kim Hall was able to locate several students who had participated in Go Girlz at Bryant Middle School. This group grew into 16 students.

For the first year of programming at West High School, 12 programming events were offered. Leslie Giles Smith from the ASUU Tutoring Center conducted two workshops that looked at different learning styles and study and test taking strategies. We also had a volunteer from the Learning Enhancement Program present on developing scheduling and time management skills, goal setting skills and other academic preparations. Liz Leckie from the College of Humanities presented on the “Differences Between High School and College”, which started to inform the students about how to think about scheduling and organizing classes, managing money and applying for scholarships, envisioning life in
student housing and other types of skills and realities of being a university student.

Deidre Schoenfield from the College of Engineering presented her information concerning Hi Gear Summer Program to the West High students. Consequently, we will have one West High student attending the engineering camp on scholarship.

We accompanied the students on two field trips. The first trip was an extensive tour of the SLC Library and the second one was a tour of the new Marriott Library as well as the reception for the Women's Week Celebration of the “Mothers of a Nation” reception. We ended the year with a very successful student and parent dinner here at The University. At the dinner we discussed the next step for the student’s university preparation (ACT testing in the summer and fall, attendance at the “Writing Personal Statements and Scholarship Applications” workshops that are offered by the Student Persistence Program).

The West High Go Girlz Program was overseen by Michelle Minert, our BSW Intern for the spring semester. She was incredible in her organization and oversight of the program. In addition to overseeing this component of Go Girlz, she built a Go Girlz Facebook account that allowed us to create a social networking presence and distribute information with the students in a new and exciting way. We also designed a brochure using the same type of artwork by Traci O'very Covey that is congruent with the new marketing material used by the WRC.

AMBASSADOR BOARD
The formation and oversight of the Ambassador’s Committee is proving to be a challenge for us here at the WRC. The difficulty appears to arise from the fact that all of the women are very busy with their own careers and meeting with regularity and consistency is difficult. Nonetheless, we have made progress with
bringing new people on to the board and are currently strategizing who we may ask to join us. Our current Ambassador Committee is as follows: Bryan Eldredge Associate Director, Master’s Program, David Eccles School Of Business, Leigh Ann Morse, Susan Poulin, Realtor, Summit Sotheby’s International Realty, Susan Vogel, Attorney, Writer, Community Activist, Owner Pince Nez Press, Joy Hartmann, MPA, Community Liaison, Diana Thomas, Clinical Director, Rape Recovery Center, and Ginger Marshall, M.S.N., College of Nursing, University of Utah.

We are currently in the planning stages of our first WRC Fundraiser, which is planned for September 16th, 2010. It is our hope to establish an ongoing, yearly fundraiser that is recognized as a Yearly Event that shouldn’t be missed. Kim Hall will be overseeing the Fundraiser Subcommittee.

WOMEN’S WEEK CELEBRATION
The WRC was intricately involved in the planning and implementation of the Women’s Week Celebration again this year. Kim Hall oversaw the High School Conference Subcommittee and well as participated in organizing the 7 Seven Domains of Women’s Health Workshop.

MARKETING AND SOCIAL MEDIA
This year has been a very productive year for the WRC in terms of marketing. We were approached by Traci O’very Covey, a very well respected graphic artist in Salt Lake City, to design our logo and brochure. The result has been a very beautiful, stylish and informative brochure as well as flyers, postcards, and bookmarks.

We were also able to do a complete update of our website using the logo. For the first time ever in the history of the WRC, we have succeeded in branding and marketing our office with the same look and feel for all of our materials. Even Go Girlz has a brochure that is clearly visually connected with the WRC.
This year we jumped into the world of social networking by establishing a Facebook page, Twitter account, Linked In account, and Blog space. These mediums have allowed us to communicate with our WRC audience in a way that creates dialogue, markets events, and provides a venue for short video clips addressing timely subjects. In short, the social media sites allow us to be involved in discussions that are inclusive of participants.

We also completed our seven minutes development video in the late fall. This video, which was produced entirely by Kim Hall and the WRC staff, has allowed us a venue to have the WRC ‘story’ told efficiently and compellingly. We think the video has helped us with our fundraising goals.

Finally, the WRC was featured in the University of Utah Continuum magazine publication. Entitled, “Investing in Women”, the article was a very effective representation of the work done in the WRC as well as the experiences that female students have here at The University. It should be noted that Susan Vogel, who is an Ambassador for the WRC, wrote the article.

5% SPONSORED STUDENTS
This fall the WRC started with 24 traditional aged sponsored students. Seven of those students chose not to return for the spring 2010 semester. Consequently, we chose to sponsor eleven more students for spring 2011, but not all of those students were traditional aged. While we included them in our WRC Scholar Orientation as well as all of our Student Persistence Program workshops, the success rate seemed low.

We did make it mandatory for them to enroll in UGS 1010 Successful Start at the U, which was created to enhance the information covered in the online orientation and introduce students to even more resources. They also had the option to take Ed Psych 2600 Strategy for College Success designed to encourage academic success through focusing on test taking skills, time
scheduling, stress management, university resources, and other learning techniques. Every student responded that the class had a very good experience for them.

It became very clear that having Kim Hall managing that many students was too difficult to keep track of. Therefore, Kim put together a collaboration program with University College that will funnel all of the WRC sponsored students over two five UC Advisors. We feel this is a good collaboration for us and that the UC Academic Advisors can make sure that the students are making good choices with their class schedules.

**FUNDRAISING AND GRANT WRITING**

**GENERAL FUNDRAISING EFFORTS**

This year has been a challenging fundraising year for both individuals and foundations. We did start out the fall semester with a Letter of Giving that was sent to supporters of the WRC. In the letter we encouraged direct giving via automatic withdraw in the University system and/or a direct gift. While the response was low, we feel that it did start the process of people thinking of the WRC during fund drives.

We also presented at the WomenAde Meeting and raised $1,600 for a WRC scholar who had lost her job. WomenAde seeks to assist women seeking self-sufficiency and possibility, as well as enhancing woman to woman networks. Additionally, we participated in Ten Thousand Villages Community Shopping Night, with 10% of all proceeds will go to support the Women’s Resource Center. We feel like each of these events was a positive move towards making ourselves known to the Salt Lake City community.

In the fall 2009 we were overwhelmed with emergency requests from students. It became clear that our small fund would not support all of the requests. Kim Hall
made an appointment with Paul Brinkman, Senior Vice President for Academic Affairs, who is noted for his concern for students. Upon hearing of the need he awarded the WRC $10,000 to use as emergency funds.

And finally, during the spring semester Kim Hall was asked to present our development video during the Central Development meeting. It was meant to be an example of what a small office can do to fundraise on a small budget. The reception was very positive and brought with it many comments of encouragement and a donation as well. It also put the WRC’s work and efforts in the minds of people in Central Development who determine which office will be supported for foundation monies.

**GRANT WRITING**

This year was a fairly successful grant writing cycle. Given the state of the economy and the downturn in funding by foundations I felt that we did very well.

**Grants Summer 2009—Summer 2010**

<table>
<thead>
<tr>
<th>Foundation</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archer Family Charitable Corporation</td>
<td>$1,000 Emergency Funds</td>
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<tr>
<td>Hemingway Foundation</td>
<td>$3,000 Go Girlz</td>
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<tr>
<td>Sorenson Legacy Foundation</td>
<td>$10,000 Scholarships</td>
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<td></td>
<td>$15,000 Scholarships</td>
</tr>
<tr>
<td>The Lawrence T. &amp; Janet T. Dee Foundation</td>
<td>$3,000 Go Girlz</td>
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<tr>
<td>The Herbert I. &amp; Elsa B. Michael Foundation</td>
<td>$10,000 Scholarships</td>
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<tr>
<td>Salt Lake City Rotary Club</td>
<td>$1,000 GG</td>
</tr>
<tr>
<td>The Castle Foundation</td>
<td>$3,000 Emergency Funds</td>
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CLINICAL COORDINATOR

The 2009-2010 academic year saw increases in our clinical services in terms of both individual and group hours. The most significant increase was in the delivery of group services. There was a 32% increase in group hours despite the fact that the number of groups remained the same. All groups remained full during the year and some groups had waiting lists. We also saw a significant increase in the number of students from underserved populations who came to the Women's Resource Center for individual counseling. In the 2009-2010 academic year we nearly doubled the number of students from ethnic minority backgrounds whom we served compared to the year before.

The clinical staff also engaged in community outreach during Sexual Assault Awareness Month. In collaboration with Proletariat Theater, a community theater group, and Rape Recovery Center, we helped to write and perform an original play entitled, “Not Responsible.” The play portrayed one woman’s experience of sexual assault and was based on experiences reported by many college women. It was an interactive theater piece in which the audience engaged in discussing structured questions with the actors after the play. The discussion was led by trained volunteer facilitators and one or more representatives from the Women’s Resource Center were present at each performance. We did a total of nine performances—six on campus and three in the community—and reached approximately 200 people. This project directly led to the founding of a new student group, revolUtion, which will be developing and performing shorter
educational interactive theater pieces on the topics of dating violence, consent, and sexual assault.

Finally, Kristy Bartley gave an invited talk at the University of Munich, Germany on the subject of “Cultural Evolution in the Western Hemisphere and its Implications for Violence Against Women and Other Marginalized Populations”. She also met with the campus Women’s Representative who oversees women’s equity in faculty hiring and is the resource for all issues of violence against women on the campus. We discussed the various challenges we faced on our respective campuses and exchanged information about our centers and services. Kristy also made herself available to women students, staff, and faculty for a discussion of sexual harassment and assault in the campus community.

NEW COLLABORATIONS/PROJECTS

- Co-chair of Student Affairs Action Committee sub-committee on diversity
- Served on the Univ. Counseling Center search committee for hiring two psychologists
- July 2009 gave invited talk at the University of Munich, Munich Germany, on cultural evolution
  o Met with female staff, students, and faculty to discuss the status of women in the German university system including issues of sexual harassment and violence against women
- Co-created and facilitated a bi-weekly women’s anti-racist work group, ‘Doing Our Homework’
- Served as Board Chair for South Valley Sanctuary board of trustees
  o Presented to staff on the WRC empowerment model and issues in women’s communication
- Helped to co-create and produce an all volunteer interactive theater project, “Not Responsible” for Sexual Assault Awareness Month in conjunction with Rape Recovery Center and Proletariat Theater
  o Total of 9 performances on campus and in the community
- Adjunct clinical professor in Educational Psychology
  o served on one doctoral dissertation committee
- Taught graduate course in Feminist Multicultural Counseling, Summer 2009
- Ongoing member of the University Dialogue Training group
- participated in a training for the Physician’s Assistant program (ongoing)
  - Saw 5 individual clients
  - Co-facilitated the ‘Hand to Hand’ group (ongoing)

Clinical numbers summary

Individual clients

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<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<td>Students</td>
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<tr>
<td>Graduate Students</td>
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<tr>
<td>Staff</td>
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<tr>
<td>Faculty</td>
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<tr>
<td>Ethnic Minority</td>
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<td>LGBTQ</td>
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<td>Heterosexual</td>
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<tr>
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<tr>
<td>Male</td>
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<tr>
<td>Female</td>
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Total numbers of client hours

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</tr>
<tr>
<td>Group</td>
<td>1326</td>
</tr>
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</table>

TRAINING COORDINATOR

FEMINIST MULTICULTURAL COUNSELING TRAINING PROGRAM:

A major and ongoing responsibility of Donna Hawxhurst’s position involves the coordination and implementation of the Feminist Multicultural Counseling Training Practicum, consulting and collaborating with the counseling coordinator in particular, but all staff members of the WRC. Activities during the past year included:

- Ongoing informal marketing of the program to counseling & counseling psychology faculty & staff as well as social work students and faculty.
- Coordinated interviews for applicants to the training program and participated in selecting qualified students.
- Organized and co-facilitated one day of orientation for new trainees with follow-up on the 2nd day of general staff orientation.
- Developed syllabi for FMC seminar, Fall and Spring semesters.
- Collaborated with clinical director of RRC to establish monthly joint seminars
- Developed and organized readings for FMC seminar.
- Invited and collaborated with outside professionals to join the seminar as guest presenters/facilitators.
- Ongoing weekly reading and research relevant to theory and practice of feminist multicultural counseling/therapy.
- Prepared for and co-taught/facilitated weekly FMC seminar.
- Individual supervision of 2 practicum students weekly. (Additional consultation as needed).
- Set up groups and group facilitators for academic year, identifying group placements for practicum students and interns.
- Organized and co-facilitated weekly group supervision.
- Recruited a 2nd LCSW feminist therapist to supervise one of our incoming MSW practicum students.
- Facilitated (with 2 practicum students) weekly Body Politics Group and weekly LBQQ Group during academic year. Facilitated (with 1 incoming practicum student) a summer Body Politics & the LBQQ group through July. (Supervised co-facilitators; marketed group; screened potential participants.)
- Participated in weekly WRC staff meetings, bi-weekly permanent staff meetings and one retreat for new practicum students/interns with permanent staff in May.
- Met weekly with the Counseling Coordinator and the Director for planning, consultation, collaboration, and evaluation. Met monthly with clinical team (director, counseling coordinator and training coordinator).

CLIENTS:

- 7 individual clients for a total of 84 sessions (Summer/Fall 2009; Spring, 2010
- Facilitate approximately 74 Body Politics & LBQQ group sessions (Summer/Fall 09, Spring 10); Approximately 7 clients per session.

SUPERVISION:

- Individual supervision of 1 practicum student Summer 09 and 2 practicum students 1 hr per week, Fall/Spring semesters;
- Group supervision, 2 hrs. /week (included individual post-group consultation with practicum co-facilitators).

ACADEMIC RESPONSIBILITIES:

- Adjunct Clinical Associate Professor, Department of Educational Psychology.
- Staff Associate, UCC
- Served on 1 doctoral dissertation committee.

TRAINEES (PRACTICUM STUDENTS AND INTERNS)

The majority of clients at the WRC were seen by our four practicum counselors (2 MSW, 1 Clinical Psych, 1 Counseling Psych) under supervision by the Counseling Coordinator and Training Coordinator. The student counselors had (on a weekly basis) at least 1 hour of individual supervision, 1 hour of group supervision, and ½ to 1 hour of supervision/consultation with their supervising co-facilitator. In addition, they meet for a 2 ½ hour Feminist Multicultural Counseling Seminar that includes theory, practice, and client consults, facilitated by the counseling and training coordinators. In addition to counseling and supervision commitments the students were involved with WRC programming and outreach, with supervision and consultation provided by the Program Coordinator and Director. As training coordinator, Donna collaborated with all other staff members involved in the consultation and supervision of practicum students.

REFLECTIONS AND RECOMMENDATIONS

Donna reports that the past year has been, once again, rewarding and challenging. Twenty-five hours/week provides a challenging time framework to accomplish all that is necessary to fulfill the responsibilities of the position and she typically extends those hours in order to accomplish all that has been reported above. Although Donna is satisfied to continue on a 25 hour/week schedule until she retires, she recommends that the position of training coordinator be extended to a ¾ time position in the future. It will be difficult to fill the position with a person with the necessary qualifications, given the absence of benefits. An additional recommendation includes a commitment to increase the
funding for the training program, aiming for providing practicum students and interns with a stipend that would qualify for a ½ tuition waiver as well as some travel stipends for clinical staff.

ADMINISTRATIVE ASSISTANT

VOLUNTEER INFORMATION

For the 2009-2010 school year, we had several volunteers. We expect our volunteers to be consistent with their work schedule and have found this to beneficial to not only the volunteer but to the overall productivity of the office:

- Tiffany Halloway, a previous volunteer from last year, volunteered 3 hours a week for 15 weeks = 45 Hours.
- Esther Israel, a previous practicum student, volunteered 15 hours a week for 7 weeks = 105 hours. Esther’s hours during the summer were a great relief to the flow & traffic of the office as someone was there to greet clients, answer phones, and attend other administrative duties.
- Makeda Meeks, previous graduate assistant, volunteered 10 hours a week for 8 weeks = 80 hours. She is now employed with the Utah Pride Center as a Health Wellness Coordinator.
- Jessica Peterson was an intern from AMES academy. She worked with us throughout the 2008 – 2009 school year and ended her internship with us the latter part of Summer 2009. After FY 08, Jessica dedicated 3 hours a week for 7 weeks = 21 hours.
- Wuthea Thach was our intern/volunteer from the Upward Bound program. He worked with us for six weeks during the summer, dedicating 6 hours a week for four weeks = 24 hours.
- Tierra Airmet was a student from SLCC who was looking for an internship to complete associate’s degree. She contacted us in the summer and worked with us during the summer and fall. She was a great addition to the staff and is now attending the University of Utah.
- Michelle Minert was a BSW intern student for the Spring 2010 semester. She was integral on several WRC projects such as Go-Girlz, Women’s
Week, and general administrative duties. She dedicated 30 hours a week to the center. She was so dynamic as not only a student but a staff member that she was nominated and received the BSW intern of the year award.

SCHOLARSHIP INFORMATION

For the 2009 – 2010 school year the Women’s Resource Center received 70 scholarship applications. Of those 70, 44 students were awarded scholarships. Scholarships were awarded to non-traditional students, single parents, graduate students, and women of color. We continue to make improvements on the scholarship process and have begun to survey applicants about our scholarship process to identify areas that need improvement and highlight areas where we are doing well.

Our scholarship recipients had an average Fall GPA of 3.31 and Spring GPA of 3.44. Our recipients were enrolled in an average of 13 credit hours for both the Fall and Spring Semesters.

This year we had several students who received multiple sources of funding, exceeding their COA (cost of attendance). This resulted in students owing money to financial aid as well as having other sources of funding cancelled. This is stressful for not only the student, but the Women’s Resource Center as well because we often advocate for students as they learn to navigate the University system. As a result, we have added an additional step to our process by viewing a student’s financial aid package before awarding them funds. It will also be the student’s responsibility to monitor their financial aid status.

ASSESSMENT OF SCHOLARSHIP PROCESS

This year a survey was created to identify areas that may need improvement in our application process and areas were we continue to do well. Using this instrument was insightful to get a full picture of the student's experience with our
application process. Overall, applicants found the requirements easy to understand, found staff to be helpful & courteous, and felt they had a fair chance at receiving scholarships. Applicants voiced areas of concern about the FAFSA, clarification on application of requirements for the scholarship, letters of recommendation, and intimidation of the scholarship process. A student also suggested a web based application for the scholarships so students would be able to verify if their application was complete or not.

SCHOLARSHIP INFORMATION SESSIONS

As part of streamlining the scholarship application process as well as anticipate the influx of inquiries (walk-ins, phone, emails) about our scholarships, two scholarship information sessions were held in the Spring of 2010. The purpose of the sessions were to (1) give an overview of the scholarship application process (FAFSA, letters of recommendation, personal statements) and (2) allow applicants to ask any questions they may have about the Women’s Resource Center Scholarships and process. Eight students attended these sessions, with seven out of eight students finding the sessions to be extremely useful.

In the future, we will look at expanding upon the sessions and possibly offering a series of workshops surrounding scholarships such as sources of funding, crafting personal statements, and putting together a professional scholarship application.

EMERGENCY FUNDS

This year we awarded $12,764.86 in emergency funds to students. We received 52 applications, up last year from 36, with 11 of those applications being denied. 22 of the applications requested funding for books, seven for rent/housing, seven for tuition, two for daycare, two for insurance, and one for utilities. Nine of the applications were awarded to men.
STUDENT ADVISING/PRESENTATIONS

Throughout the school year Nakita Swanigan met with several students from the Office of Student Recruitment. Nakita provided these students with information about the Center’s services as well as provided them with referrals to other campus agencies. This only slightly captures the depth of student involvement/interactions that are an inherent to the job of an Administrative Assistant. We recognize that a system needs to be developed to better track the type and quantity of interactions.

In June, Nakita presented to ACCESS Girls about campus safety. We provided lunch for the girls and then provided them with information about Violence Against Women and the University of Utah. The 2nd portion we gave the girls information on how to keep themselves safe. Nakita reports that the girls were receptive to the information and plan to present again next year.

It is my hope these trainings assisted her in defining her role in the office and improving upon office processes and administrative procedures. Nakita implemented a new filing system was implemented and is updating the administrative procedures manual.

STAFF

AWARDS, COMMITTEES & PROFESSIONAL ACHIEVEMENTS/TRAINING

AWARDS

Debra Daniels
- Linda K. Amos Award 2010
- The BSU Legacy Award 2010

COMMITTEES

Debra Daniels
- Co-chair Women’s Week 2010
- Co-chair Student Affairs Diversity Council
- ACLU Board of Directors - Community
- Utah Dialogue Training Group

Donna Hawxhurst
- Student Athlete Wellness Team. Monthly meetings with colleagues from the U of U.
- Continuing involvement and consultation with AWP Utah.
- LGBT Resource Center Advisory Board
- U of U Pride Planning Committee (Summer/Fall 09)

Kimberly Hall
- Women’s Week Committee
- West High Community Partnership
- Student Persistence Program Co-Chair

Nakita Swanigan
- Bennion Center Tanner Fellowship Committee
- LGBTRC Scholarship Committee
- CRLA (College Reading & Learning Association) Salt Lake City Conference Committee

PROFESSIONAL ACHIEVEMENTS & TRAINING

Donna Hawxhurst
- Served as the National Collective Coordinator of the Association for Women in Psychology.

Kim Hall
- Attended the Utah Society of Fund Raisers Luncheon and Workshop on Social Networking

Nakita Swanigan
- Attended the CRLA (College Reading & Learning Association) State Conference, held at the University of Utah May 20th, 2010

Attended several trainings offered through the U of U Human Resource Department
- Delegation
- Organizational Skills and Time Management for the Supervisor
- Self Development/Self-Management
- Strategic Communication
- Working with difficult people
- Conflict Management

Kristy Bartley
- Co-chair of Student Affairs Action Committee sub-committee on Diversity
- Served on the University Counseling Center search committee for hiring two psychologists
- Co-created and facilitated a bi-weekly women’s anti-racist work group, ‘Doing Our Homework’
- Served as Board Chair for South Valley Sanctuary board of trustees

**CLASSES & PRESENTATIONS**

Donna Hawxhurst

June 11, Presented and facilitated discussions on Body Politics and Female Sexual Dysfunction: A New View in Feminist Multicultural Psychotherapy Class – 3 hours, 13 participants.

June: Organized and facilitated 2-day National AWP Imp meeting in Portland, OR.

August: ½ day Consultation & presentation with Kristy at South Valley Sanctuary to Shelter Staff on a Feminist Multicultural Model for Empowerment

October: Organized and facilitated 2-day National AWP Imp meeting in SLC; arranged for a potluck hosted by Utah AWP and WRC

December: Arranged meeting with Ed Psych doc student and WRC staff to sponsor an ongoing group for White women committed to “Doing Our Own Homework” on Race, Racism, and Privilege.

January 22: Presented on Activism for joint meeting the LGBT Affirmative Therapist Guild, Women in Private Practice, and AWP (with Jim Struve & Susan Lyons).

January – April: Co-facilitated and participated in “Doing Our Own Homework” group with Liz Abrams, Julie Goudie-Nice, Kristy Bartley.

February 6: Presented with WRC staff at annual COSA Conference. (Served on the WRC planning committee for this presentation)
February 1: Co-facilitated panel discussion by White women for ½ day Women of Color Institute at Annual AWP conference,


February 19: Met with doctoral applicants to Counseling Psych Program orienting them to the WRC, our programs and practicum. (2 groups of 10-12; met for 30 minutes each)

February 23: Presented on Issues in Counseling Women for Ed Psych Multicultural Counseling Class

Nakita Swanigan

- Held a workshop at the COSA Conference, held at the University of Utah February 6th, 2010

Summary

The Staff of the Women’s Resource Center met five years ago and developed a strategic plan to improve services in all areas of service delivery. As detail above, I am very excited to say that we have met our goals.

As a staff we are pleased with what we have been able to accomplish and are proud of reaching so many of the goals we set for the Women’s Resource Center.