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To provide **outstanding** health and wellness services, to help **foster** community on campus, and to be an **integral component** in achieving the mission of Student Affairs and the University of Utah.

The Student Health Center specializes in college health, focused expressly on the unique health care needs of our students, their spouses, and children. Providing medical diagnosis and treatment, wellness care, and consumer education, the Student Health Center maintains a staff of 20 health professionals to serve as primary providers for over 9,000 students and their families.
The Student Health Center remains **one of only 27** U.S. college health centers that are accredited by the Joint Commission.

In March 2007, the Student Health Center successfully passed the Joint Commission (formerly JCAHO) Tri-annual Unannounced Re-accreditation Survey to retain national accreditation. The Joint Commission is the same agency that accredits University Health Care thus demonstrating that the Student Health Center provides the same quality of service as University Health Care.

The Student Health Center met 257 varied JC standards, practices, and processes. These standards are evaluated in unannounced Joint Commission onsite evaluations. This rigorous process ensures that accredited organizations continue to practice under these standards as a general rule of operations.

The Joint Commission accreditation is the primary measure our students can use to compare the quality of the Student Health Center with comparable facilities on campus, along the Wasatch front, and in the nation.
As the caring intersection between health and education . . . college health is **developmentally** appropriate, **educationally** effective, **medically** expert, accessible, and convenient.

- Carnegie Foundation
Greetings!

As the new director of the Student Health Center (SHC), I am happy to share our annual report with you. Change appeared to be the keyword for the 2008-2009 academic year, within our center, the University, and the nation at large. Little did I realize when I was initially approached in April of 2008 about the director’s position at the SHC, how much change I would encounter! When I started in November, some change was expected when the new position combined two positions into one - the former director’s position with the former medical director’s position. An extremely flexible and energetic staff made this transition easy. However, I hadn’t really planned to take the helm during a world wide economic crisis which ultimately resulted in even more students to care for at our center. Nor had I anticipated the emergence of a new flu strain after a relatively quiet winter season. Yet our staff handled the uncertainty and day to day challenges well, and continue to do so as we ramp up for the upcoming fall flu season.

Regardless of the changes we experience, we will continue to provide reasonably priced health care for our students, their spouses, and their children as well as health education through our Office of Health Promotion. As a health care provider I realize that providing care to college age young adults is a different animal. All are taking on more responsibility for their own self care, venturing out of their own comfort zone, experiencing the new freedoms of young adulthood at every turn, and likely making both good and bad choices in the interim. My own view of health is beyond that of simply providing medical care, but should involve all aspects of a young person’s life. Medical health does not improve without attention being paid to the social and cultural context in which the patient resides. My overriding goal at the SHC is to provide that type of care to our students.

When applying for this position, I ran across this quote from the Carnegie Foundation that described college health as “the caring intersection between health and education . . . college health is developmentally appropriate, educationally effective, medically expert, accessible, and convenient.” During my tenure as director, my hope is that the SHC staff and I can continually work to make that definition wholly true for our center.

Sincerely,
Clinical Services

The SHC provides both acute and preventative care to students, their spouses, and children. Services include those typical of a large general care practice with a few additional services:

- Adult and child well care
- Acute care visits for illness
- Women’s health visits
- Contraceptive counseling
- Sexually transmitted infection diagnosis, treatment, and education
- Confidential HIV testing and education
- Sports medicine
- Travel medicine
- Health education

All of these services are complemented by laboratory, radiology, and pharmacy services. The clinic also offers a prescription assistance program for those who cannot afford the cost of medications utilizing existing programs within the pharmaceutical industry.

The Travel Clinic provides pre-travel consultation for students, staff, and the community on a fee for service basis. The clinic is staffed by 3 nurse practitioners, 2 of whom hold specialty certification from the International Society of Travel Medicine. The clinic specializes in the provision of a comprehensive destination-specific risk assessment, education in risk and risk reduction for international travelers, and provides appropriate evidence based medication prescriptions and immunizations for prevention and treatment of problems encountered abroad.

In addition to these types of visits, students also interact with our nursing staff as they work to meet the Proof of Immunity Requirement (see Immunization page) required of all new students as well as the tuberculosis screening of all international students.
<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Encounters</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upper Respiratory Infection</td>
<td>341</td>
</tr>
<tr>
<td>Well Exam</td>
<td>252</td>
</tr>
<tr>
<td>Cold and Sore Throat</td>
<td>252</td>
</tr>
<tr>
<td>Skin Lesion</td>
<td>231</td>
</tr>
<tr>
<td>Fatigue</td>
<td>202</td>
</tr>
<tr>
<td>Bladder Infection</td>
<td>167</td>
</tr>
<tr>
<td>Cough</td>
<td>163</td>
</tr>
<tr>
<td>Travel Consult</td>
<td>159</td>
</tr>
<tr>
<td>Women's Health</td>
<td>153</td>
</tr>
<tr>
<td>Abdominal Pain</td>
<td>141</td>
</tr>
</tbody>
</table>
Overall, there was a 15% decrease of encounters from 9,539 in the prior fiscal year. This decline was felt to be due in large part to the severe recession that occurred, the mild seasonal flu season, and a vacant provider position. However, 18% of patient encounters to our center were for patients new to our center. The majority of our clients are commuters to the University, with only 18.7% living on campus (unchanged from the year prior).

Of those total encounters, 5,389 visits were to our health care provider staff. The most common reasons for visits are listed on the previous page. This list is largely unchanged from the prior year, but for one noticeable exception: Travel Clinic appointments, which declined 63%. Again, as the economic downturn rippled thru the economy, travel was severely affected.

The remaining encounters were nursing encounters for blood work, immunizations, or tuberculosis screening (PPD). During this fiscal year, 1036 PPD’s were placed for screening our international students, and 662 MMR’s (measles, mumps, rubella vaccine) were given to those students who lacked immunity. In the fall, 989 influenza vaccinations were given.

The contracted insurer for the University of Utah Student Insurance plan is GM Southwest; the plan consists of a subsidized graduate student plan for teaching assistants and research assistants and a voluntary student plan for all others (see Insurance). As the plan is voluntary, other students either utilize their parents plan or are uninsured. A small student fee subsidizes clinic operations allowing charges to be 20-30% less than typical charges for similar services which represents a sizeable savings to those that are uninsured. During this fiscal year, 59% of our encounters were to students with insurance, a 2% increase over the prior year. While this increase in insured students is encouraging, over 30% of our students are uninsured representing a significant hardship in these difficult economic times.
Assessment

The SHC conducts bi-annual surveys of patient satisfaction. We continue to find that once a student has the opportunity to use us for their care, their satisfaction with that care is very high. Ninety-nine percent either agreed or strongly agreed that our nursing staff was “professional, courteous, and attentive,” and a similar number say the same of our care providers. Ninety-eight percent either agreed or strongly agreed that they would recommend us to a friend. (See the complete Patient Satisfaction Survey in Appendix).

The SHC is Joint Commission accredited and is subject to a detailed site visit every 3 years to maintain accreditation. As such, we self evaluate ourselves yearly for compliance with Joint Commission standards, and constantly strive to improve our care process. We routinely audit charts for compliance with our clinical standards as well as work to improve our care processes.

One current care process improvement that we are implementing is a depression screening care process developed by one of our nurse practitioners, Tek Kilgore. Depression in the college population is common. Screening for depression is recommended for “those clinics with a system in place to ensure accurate diagnosis, effective treatment and follow up (U.S. Preventive Services Task Force, 2002). The Student Health Center now administers as a part of a health history form a two question screen for depression, called a Patient Health Questionnaire-2. If either or both questions are answered positively, providers or nurses now use the full nine question instrument validated for depression screening. Students then identified are either given information on depression, treated medically, or referred to the university Counseling Center. Depression in the college population is common. Screening for depression is recommended for “those clinics with a system in place to ensure accurate diagnosis, effective treatment and follow up (U.S. Preventive Services Task Force, 2002). The Student Health Center now administers as a part of a health history form a two question screen for depression, called a Patient Health Questionnaire-2. If either or both questions are answered positively, providers or nurses now use the full nine question instrument validated for depression screening. Students then identified are either given information on depression, treated medically, or referred to the university Counseling Center.
In addition to providing patient care, the SHC also functions as a site for clinical rotations for both medical residents and nurse practitioner (NP) students. One to two Pediatric and Medicine/Pediatric residents rotate monthly thru the SHC during their adolescent medicine rotation of which Dr. Pfitzner is the course master and Department of Pediatrics faculty. Approximately 7 nurse practitioner (NP) students work our staff NP’s who are College of Nursing faculty. Additionally, both Dr. Pfitzner and the staff NP’s lecture regularly to both medical and nursing students, as well as residents during their training.

**Pacific Coast College Health Association**

The annual conference for the Pacific Coast College Health Association (PCCHA) was hosted by the Utah College Health Association, in the University of Utah Guesthouse October 22-25 2008. The conference had 52 registered attendees, with 6 PCCHA Officers in attendance. It ran for 3 days with 28 breakout session in which participants could choose to attend; 19 of the sessions had Continuing Education Credits available. There were 15 vendors on site for conference participants to speak with regarding several aspects of college health.

Four providers from the University of Utah Student Health Center presented in Breakout Sessions throughout the conference. Amy Cutting FNP presented on “Practice what you Preach”; Vicki Judd MD gave two presentations “Diverse Students with Disabilities” and “Obesity”; Tek Kilgore FNP Presented on “Screening for Depression”, and Ted Paisley MD presented on “Identification and Treatment of Stress Fractures.”

Other staff members from the Student Health Center that participated were. Office of Health Promotion: Rachel Crane and Elizabeth Craig who presented on “How to Run an Effective SHAC”; SHAC students: Bridgett Peterson, Sally Tran and Newton Nagata who presented on “SHAC Retreats”; SHAC students: Austin Trinh, Kirby Farnsworth, and Phillip Tang; presented on “Programming with Purpose”. (See complete PCCHA schedule in Appendix).
Clinical staff consists of 1 physician (Dr. Mark Pfitzner), 4 nurse practitioners (Amy Cutting, Tek Kilgore, Sue Kirby, and Suzanne Martin), 2 registered nurses (Cynthia Powell and Jennifer Alder), 1 medical assistant (Ebonie Davis), and 1 nursing assistant (Eleanor Mikich); a sports medicine physician (Dr. Ted Paisley) is available one half day per week. Although a consultative internist position was vacant during this fiscal year, the position was filled by the end of the year, by Dr. Sara Lamb, Departments of Pediatrics and Internal Medicine faculty, and director of the Medicine Pediatrics residency program.

Prior to the combination of the former director and medical director position, Annie Christensen, Dean of Students, served as the interim director until Dr. Pfitzner began in November. Cynthia Powell was promoted to Nurse Manager in November, and Jennifer Alder elected to join our staff permanently after working with us in a temporary position after the departure of one of our nursing staff.

In addition to their clinical duties at the SHC and roles in the college of nursing, two of our nurse practitioners, Tek Kilgore and Suzanne Martin, continued their education. Tek Kilgore completed his Doctorate of Nursing Practice (DNP) in December while Suzanne Martin continues work toward her DNP which should be complete in the Fall of 2009. Tek’s work centered on depression screening in our clinic, while Suzanne’s interest is in screening for celiac disease among the college population. Their coursework will be of obvious benefit to our clinic and the student population.
The University of Utah requires all students to show proof of immunity to measles, mumps and rubella. The requirement applies to all students entering the University who were born after 1956 and do not have a medical or religious contraindication from the requirement. Students must provide the dates when they had 2 doses of measles vaccine, 2 doses of mumps vaccine and 1 dose of rubella vaccine. They can also provide dates of having had the diseases of measles and/or mumps, and a documented blood test (titer) to show immunity to rubella, or a documented blood test (titer) for measles, mumps and rubella can be drawn to show immunity.

An exemption from the requirement can be given for medical or religious contraindications. Students who have not complied with the requirement by the sixth week of each semester will have a registration hold placed on their University records. This hold will not be released until the appropriate documentation has been produced. Students can receive the vaccinations from the Student Health Center and/ or have blood tests (titers) drawn to show they have immunity to the diseases.
Total number of MMR’s given. Of the 621 given, 118 of them were for patients who returned for their booster MMR.

Cost of MMR vaccination. Our closest competitor is the Salt Lake Valley Health Department who charged $56 per vaccination.

174 Measles Antibody Titers drawn

190 Mumps Antibody Titers drawn

159 Rubella Antibody Titers drawn
The University of Utah believes its students should have access to affordable health insurance that can assist in paying medical expenses incurred from unexpected sickness or injury. Since these costs could potentially delay or end their academic careers, a University-sponsored sickness and injury health insurance plan has been available to students since the early 1970’s.

Subsidized Graduate Student Health Insurance
The Graduate School has implemented an 80% subsidy (up to $1000) for Teaching and Research Assistants. The subsidized graduate plan is combined with the University-sponsored student insurance plan. Both plans cost the same and provide the same benefits. At the end of 2008 the average enrollment of the subsidized plan was 980, with a loss ratio* of 57%. The average cost per-student claim was $897.

Voluntary Student Health Insurance
The university-sponsored plan is voluntary. It continues to experience the enrollment of students with high risk conditions, who are uninsurable elsewhere and/or those enrolling only to use the maternity coverage. At the end of 2008 the average enrollment of the voluntary plan was 722, with a loss ratio* of 93%. The average cost per-student claim was $1940.

*Total costs paid out for claims deducted from total dollars collected in premiums
HIV TESTING

8
New SHAC members trained as HIV Counselors.

ONE
SHAC advisor trained as an HIV Counselor with additional training to give positive results.

158
Patients seen.

49
Evaluations collected.

30 MINUTES
Longest wait time.

ZERO MINUTES
Shortest wait time.

Most effective advertising method.
Students who felt the front counter staff treated them politely. 1% of students did not answer this question.

Students who felt that they were treated politely and all questions were answered in the laboratory.

99%

Students who had a positive experience with the pre-result counseling. They felt they were treated politely and their confidentiality was protected.

99%

Students who felt the counselor was comfortable talking about sensitive issues with the student. 9% felt the counselor was somewhat comfortable and 4% felt the counselor was not comfortable. 2% of students did no answer this question.

87%

Students who felt the counselor was knowledgable. 3% felt the counselor was somewhat knowledgable and 1% felt the counselor was not knowledgable. 5% of students did not answer this question.

91%

Students who felt all questions regarding HIV / AIDS and the testing process were answered completely while 2% felt questions were answered somewhat. 5% did not answer this question.

93%

Students who felt their confidentiality was protected and all questions were answered by the front counter staff. 2% of students did not answer this question.

98%

Students who felt that their confidentiality was protected in the laboratory. 1% did not feel their confidentiality was protected because passers by were able to look in the lab. 1% of students did not answer this question.

98%

Students who felt their questions were answered during the pre-result counseling. 1% did not feel their questions were adequately answered. 1% did not answer this question.

98%

Students who felt comfortable talking about sensitive issues with the counselor. 15% of students felt somewhat comfortable talking about sensitive issues. 12% did not answer the question.

73%

Students who felt the counselor discussed how to reduce the risk of contracting HIV. 4% felt risk reduction was discussed somewhat and 1% felt it was not discussed at all. 5% of students did not answer this question.

91%

Total satisfied with testing process and would recommend testing site to a friend. 1% of students were somewhat satisfied. 5% did not answer this question.

94%
### SHAC + OHP EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 31</td>
<td>UNIVERSITY OF UTAH FARMER’S MARKET</td>
</tr>
<tr>
<td>Oct 2</td>
<td>PACIFIC COAST COLLEGE HEALTH ASSOCIATION</td>
</tr>
<tr>
<td>Oct 22-25</td>
<td>WELLNESS FAIR</td>
</tr>
<tr>
<td>Oct 29</td>
<td>RUN LIKE HEALTH 5K</td>
</tr>
<tr>
<td>Nov 1</td>
<td></td>
</tr>
<tr>
<td>Feb 10-13</td>
<td>SEXUAL RESPONSIBILITY WEEK</td>
</tr>
<tr>
<td>Mar 16-20</td>
<td>ALTERNATIVE SPRING BREAK</td>
</tr>
<tr>
<td>Apr 23</td>
<td>DE-STRESS FEST</td>
</tr>
<tr>
<td>May 26-30</td>
<td>AMERICAN COLLEGE HEALTH ASSOCIATION</td>
</tr>
<tr>
<td>June 25</td>
<td>WORLD AIDS DAY</td>
</tr>
</tbody>
</table>

### WELLNESS FAIR / 5K EVENT

- **90** Registered participants for the Wellness Fair. Ten more signed up the day of.
- **26** Registered participants for the Run Like Health 5K.
- **$620** Raised from the Run Like Health 5K for Alternative Spring Break.
With budgetary considerations and the retirement of Rachel Crane in March of 2009 the decision was made to combine our Office of Health Promotion and Campus Wellness Connection to create the new office: The Center for Student Wellness. The Center for Student Wellness is an affiliate office of the University Counseling Center and the Student Health Center. Our mission is to create, nurture and promote a University environment supportive of healthy life-long behaviors and enhance academic and personal success. The staff from both offices was combined to include two full-time health educators, one 3/4 time health educator and a part-time student graphic artist. Main responsibilities for the new office include:

**Advisors to student groups**
- Student Health Advisory Committee
- Student Athlete Mentors
- Alternative Spring Break

**Assessment**
- National College Health Assessment data

**Services**
- STI Testing
- PRIME for Life
- Tobacco Cessation classes
- INH Counseling
- Wellness Fair

**Yearly Programming**
- Sexual Responsibility Week
- De-stress Fest
• **Rachel Crane** won the award for Best Presenter given to her by the Housing Association in August of 2008 and presented 18 times during the 2008-2009 year including in classes at the University of Utah and The Pacific Coast College Health Association Conference.

• **Elizabeth Craig** won the President’s Award for the Health Education Association of Utah in March 2009 and presented 29 times during the 2008-2009 year including in classes at the University of Utah, The Pacific Coast College Health Association Conference, the American College Health Association, the BACCHUS Conference and the Health Education Association of Utah Fall and Spring Conferences.

• **Kerry Hill** earned a Bachelors of Science Degree in Behavioral Science and Health, was given the Student Affairs Staff Excellence Award, was Pacific Coast College Health Association (PCCHA) Vice President: Planned and implemented Annual PCCHA Conference, on the University of Utah Campus.

• Office staff from the Student Health Center attend new student orientation that are held for incoming freshman, international, medical, MBA, and teaching assistant students. Information regarding care at the SHC is discussed, issues regarding health insurance are addressed, and the PIR and SHI requirements are given. Staff attended: 8 international student orientations, 1 teaching assistant orientation, 1 MBA orientation, 2 medical school orientations, and 16 parent family orientations.
Appendix
Patient Satisfaction Survey

Student Health Center Patient Satisfaction Survey 2009

100 Students were surveyed March 2009

Demographics:

Age-
0-21 = 21%
22-25 = 27%
26-29 = 24%
30+ = 28%

Demographics:

Sex-
Female = 57%
Male = 43%

Demographics:

Ethnicity:
Caucasian = 79%
Asian = 11%
Native American = 3.5%
Hispanic/Latino = 3.5%
African American = 2%
Indian = 1%

Demographics:

Affiliation with the U-
Graduate Student = 45%
Undergraduate = 40%
Spouse of Student = 11%
Other (Dependant) = 4%

Including your last visit how many times have you been seen at SHC?

1-3 = 66%
4-6 = 23%
6-10 = 7%
11+ = 4%
What was the purpose of your most recent visit to SHC?

- Illness or Injury: 63%
- Regular Exam/Wellness: 31%
- Other: 3%
- Travel: 1%
- Lab Work: 2%
- Vaccines: 0%

The length of time between requesting my appointment and my visit was reasonable.

- Strongly Agree: 74%
- Agree: 23%
- Neutral: 1%
- Disagree: 2%
- Strongly Disagree: 0%

When making my appointment the staff was professional courteous and attentive.

- Strongly Agree: 83%
- Agree: 15%
- Neutral: 2%
- Disagree: 0%
- Strongly Disagree: 0%

The front desk check-in process was efficient.

- Strongly Agree: 77%
- Agree: 18%
- Neutral: 5%
- Disagree: 0%
- Strongly Disagree: 0%

Adequate explanations were given to me about insurance and billing policies when checking in.

- Strongly Agree: 43%
- Agree: 39%
- Neutral: 15%
- Disagree: 2%
- Strongly Disagree: 1%

I felt that my privacy and confidentiality were respected and protected during check-in.

- Strongly Agree: 67%
- Agree: 26%
- Neutral: 5%
- Disagree: 1%
- Strongly Disagree: 1%
The nursing staff was professional, courteous and attentive.

**Strongly Agree** 77%
- Agree = 22%
- Neutral = 1%
- Disagree = 0%
- Strongly Disagree = 0%

The provider was professional, courteous and attentive.

**Strongly Agree** 84%
- Agree = 15%
- Neutral = 1%
- Disagree = 0%
- Strongly Disagree = 0%

The provider listened carefully to my concerns and I was satisfied with the advice and explanations that were given.

**Strongly Agree** 85%
- Agree = 11%
- Neutral = 3%
- Disagree = 1%
- Strongly Disagree = 0%

Overall I had a positive experience at the Student Health Center.

**Strongly Agree** 77%
- Agree = 22%
- Neutral = 1%
- Disagree = 0%
- Strongly Disagree = 0%

I would recommend the Student Health Center to my peers.

**Strongly Agree** 73%
- Agree = 25%
- Neutral = 1%
- Disagree = 1%
- Strongly Disagree = 0%

Have you ever used the Student Health website for frequently asked questions or information regarding services?

- Yes 21%
- No 79%
Suggestions for website improvement:
- Make info about Student Health Insurance easier to access
- Explain parking, give directions, and bus routes on website
- Phone number should be easier to find
- Maybe an email address for questions on Sunday’s
- I feel it is vague concerning my insurance policy and how I can get a referral
- Online appointment making would be great!

Would you be interested in meeting with a health educator to discuss health concerns?

- Yes: 65%
- No: 35%

Topics that would interest me in meeting with a health counselor include:

- Obesity: 4%
- Smoking/Alcohol: 4%
- Birthcontrol: 10%
- Lifestyle: 6%
- Mental Health: 4%
- Image/Sexual Health: 21%
- Diet/Nutrition: 53%

Suggestions for Improvement:
- “Privacy is difficult when the receptionist asks why you are here, while everyone in the waiting room is listening a few feet away”
- “Patient waiting area is always full and the check in desk is close by (easy to overhear information)”
- “Too many forms!”
- “Check in could be more efficient with computer pre-printed check in form”
- “It was difficult to find the student health clinic once arriving at the building.”
- “The health center is too far from campus for someone who is sick without a car. Can you offer a shuttle?”

Comments and Compliments:
- “Dr. Kilgore was the best doctor I’ve had he was friendly, patient and answered all my questions”
- “Thank you.”
- “I have been very happy with every visit and love my NPS.”
- “Very quick and easy” “Really professional”
- “Great service, thank you!”
- “Thank you for all of your help! Its great to have a place for students to go. Everyone was very professional and efficient, thanks again!”

Comments/Compliments Continued:
- “Thank you for the great experience! I have actually needed to see doctors in all sorts of places and this was the first pleasant experience. Thank you for actually listening to my problem and for not acting like I was a waste of time. Thanks!”
- “Tek is fantastic! He listens carefully and his diagnoses are thoughtful and thorough.”
- “Great service thank you!”
- “Thank you, Dr. Kirby is great!”
Comments/Compliments Continued:

- "Tek is fabulous!"
- "Tek was warm and gentle."
- "Suzanne Martin is great"
- "You guys are amazing- you always have appointments open within a day, receptionists, nurses staff are so nice. Easy to work with, offer discounts, Rx assistance- you're great!"
## PCCHA Schedule

### Wednesday, October 22

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 pm - 4:00 pm</td>
<td>Lunch, PCCHA Executive Board Meeting</td>
<td>Guest House Boardroom</td>
</tr>
<tr>
<td>6:00 pm - 7:00 pm</td>
<td>Wine and Beer Tasting: Sponsored by Aetna Student Plans, Open Gala Dinner with dueling pianos:</td>
<td>Point Restaurant, Huntsman Cancer Institute</td>
</tr>
<tr>
<td></td>
<td>Sponsored by GM Southwest Student Insurance</td>
<td>Point Restaurant, Huntsman Cancer Institute</td>
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</table>

### Thursday, October 23

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am - 9:00 am</td>
<td>Breakfast Buffet</td>
<td>Officers Club</td>
</tr>
<tr>
<td>9:00 am - 10:00 am</td>
<td>Keynote Speaker: Pastor Davis</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>10:15 am - 11:15 am</td>
<td>“GERD” Kathryn Peterson</td>
<td>Officers Club, West Room</td>
</tr>
<tr>
<td>10:15 am - 11:15 am</td>
<td>“The association of tanning bed use and the rising number of melanoma cases” Stephanie Klein, MD</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>11:30 am - 12:45 pm</td>
<td>Lunch</td>
<td>Officers Club, South Room</td>
</tr>
<tr>
<td>12:45 pm - 1:45 pm</td>
<td>“Pelvic pain” Katie Morgan, RN</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>12:45 pm - 1:45 pm</td>
<td>“MRSA” Anne Blaschke</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>12:45 pm - 1:45 pm</td>
<td>“Identification and treatment of stress fractures” Theodore Paisley, MD</td>
<td>Officers Club</td>
</tr>
<tr>
<td>2:00 pm - 3:00 pm</td>
<td>“Recognition and management of concussion” Andrea Matich, MD</td>
<td>Officers Club</td>
</tr>
<tr>
<td>2:00 pm - 3:00 pm</td>
<td>“Addictions” Barbara Sullivan</td>
<td>Officers Club</td>
</tr>
<tr>
<td>3:00 pm - 4:00 pm</td>
<td>“Fracture management: Lecture followed by hands-on splinting and casting” Rowan Paul, MD</td>
<td>Officers Club</td>
</tr>
<tr>
<td>2:00 pm - 4:00 pm</td>
<td>“Practice what you preach” Amy Cutting, FNP</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>2:00 pm - 4:00 pm</td>
<td>“Practice what you preach” Amy Cutting, FNP</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>5:00 pm - 9:30 pm</td>
<td>Bus leaves for dinner on Main in Park City, UT.</td>
<td>Officers Club, East Room</td>
</tr>
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### Friday, October 24

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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</thead>
<tbody>
<tr>
<td>7:30 am - 8:30 am</td>
<td>Hotel Continental Breakfast</td>
<td>Guest House</td>
</tr>
<tr>
<td>8:30 am - 9:30 am</td>
<td>“Screening for depression” Tek Kilgore, FNP</td>
<td>Officers Club</td>
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<tr>
<td>8:30 am - 9:30 am</td>
<td>“Current concerns in college health” Kim Christensen</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>8:30 am - 9:30 am</td>
<td>“Mental health issues for non-mental health providers” Jason Gillman</td>
<td>Officers Club, East Room</td>
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<tr>
<td>9:30 am - 10:30 am</td>
<td>Vendor Break: Join us for refreshments</td>
<td>Officers Club, East Room</td>
</tr>
<tr>
<td>10:30 am - 11:30 am</td>
<td>“What is new in diagnosis and outcome of treatments” Claudia Goulston</td>
<td>Officers Club, East Room</td>
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<tr>
<td>10:30 am - 11:30 am</td>
<td>“Programming with purpose” Austin Trinh, Kirby Farnsworth, Philip Tang, Students</td>
<td>Officers Club, East Room</td>
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<tr>
<td>10:30 am - 11:30 am</td>
<td>“Wha to know about mental health for the non-mental health professional” Jason Gilliman Round Table Discussion Group</td>
<td>Officers Club, East Room</td>
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<tr>
<td>11:45 am - 1:30 pm</td>
<td>PCCHA Business Lunch: Buffet</td>
<td>Officers Club</td>
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<tr>
<td>1:30 pm - 2:30 pm</td>
<td>“SHAC retreats” Bridgett Peterson, Sally Tran, Newton Nagata, Students</td>
<td>Officers Club, East Room</td>
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<tr>
<td>1:30 pm - 2:30 pm</td>
<td>“Depression and SRRI use” Lisa Giles</td>
<td>Officers Club, East Room</td>
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<tr>
<td>2:45 pm - 3:45 pm</td>
<td>“Eye disease relevant to college students” Bala Ambati, MD</td>
<td>Officers Club, East Room</td>
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<tr>
<td>2:45 pm - 3:45 pm</td>
<td>“How to run an effective SHAC” Rachel Crane, Elizabeth Craig, Health Education</td>
<td>Officers Club, East Room</td>
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<tr>
<td>2:45 pm - 3:45 pm</td>
<td>“The ergonomics of college health” James Stubbs</td>
<td>Officers Club, East Room</td>
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<tr>
<td>4:00 pm</td>
<td>Time on the town. Enjoy time on your own.</td>
<td>Officers Club, East Room</td>
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### Saturday, October 25

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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</thead>
<tbody>
<tr>
<td>7:30 am - 8:30 am</td>
<td>Hotel Breakfast</td>
<td>Guest House Lobby</td>
</tr>
<tr>
<td>8:30 am - 9:30 am</td>
<td>“How to get students involved in politics” Marko Mijic</td>
<td>Officers Club, North Room</td>
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<tr>
<td>8:30 am - 9:30 am</td>
<td>“Ergonomic aids” Jim Davis, MD</td>
<td>Officers Club, East Room</td>
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<tr>
<td>8:30 am - 9:30 am</td>
<td>“Diverse students with disabilities” Vicki Judd, MD</td>
<td>Officers Club, East Room</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>“Characteristics of the millenial student” Ken Foster</td>
<td>Officers Club, East Room</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>“MBA and Healthcare” Teresa Pavia</td>
<td>Officers Club, East Room</td>
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<td></td>
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<td>Guest House, North Room</td>
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