

**University of Utah Counseling Center Client Survey**

We strive to provide competent services for individuals of all ages, cultures, ethnicities, genders, gender identities, languages, mental and physical abilities, national origins, races, religions, sexual orientations, sizes and socioeconomic statuses. From your perspective, how are we doing? If possible, please describe a relevant experience or two. Thank you.

How much do you agree with the following statements?	<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Somewhat Disagree</b>	<b>Neutral</b>	<b>Somewhat Agree</b>	<b>Agree</b>	<b>Strongly Agree</b>	<b>Too Soon to Tell</b>
1. I was thinking of leaving the U of U before counseling (or I was fearful that I would have to leave).	1	2	3	4	5	6	7	TS
2. Counseling has helped me stay at the U of U.	1	2	3	4	5	6	7	TS
3. Counseling has helped me improve my academic performance.	1	2	3	4	5	6	7	TS
4. Counseling has enhanced my experience at the U of U.	1	2	3	4	5	6	7	TS
5. Counseling has helped me think in more complex ways.	1	2	3	4	5	6	7	TS
6. Counseling has helped with my ability to attend, concentrate, and/or persist at academic tasks.	1	2	3	4	5	6	7	TS
7. Counseling has helped me improve non-academic areas of my life.	1	2	3	4	5	6	7	TS
8. Counseling has improved my interpersonal skills.	1	2	3	4	5	6	7	TS
9. Counseling has improved the quality of my relationships.	1	2	3	4	5	6	7	TS
10. Counseling has improved my ability to “be myself.”	1	2	3	4	5	6	7	TS

If there is one thing that would improve your experience at the UCC, what would it be?

How has your mental health changed since starting at the UCC? To what do you attribute that change?

uNID: \_\_\_\_\_

Please use reverse for additional space.