

# Spinning and Personal Training Survey 2009

Description: Please provide access to Paula Ericson.

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Q1 Would you be interested in participating in Spinning classes if they were offered through the Campus Recreation Fitness Program?

Yes [Code = 1]

No [Code = 2]

Unsure [Code = 3]

Required answers: 1 Allowed answers: 1

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Q2 Would you still be interested in participating in the Spinning classes if they were held in a designated section of the open cardio area in the Field House? (There will be music on the cardio floor for the spinning classes.)

Yes [Code = 1]

No [Code = 2]

Required answers: 1 Allowed answers: 1

Q1='Yes'

Q3 Do you have an interest in working with a Campus Recreation Services Personal Trainer?

Yes [Code = 1]

No [Code = 2]

Unsure [Code = 3]

Required answers: 1 Allowed answers: 1

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Q4 Would you be more likely to have an interest in working with a Personal Trainer if there were a private room available for fitness assessments and training?

Yes [Code = 1]

No [Code = 2]

Required answers: 1 Allowed answers: 1

NOT Q3='Yes'

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Q5 Which of the following describes you? (Check all that apply)

Student [Code = 1]

Student significant other [Code = 2]

Faculty [Code = 3]

Staff [Code = 4]

Faculty or staff significant other [Code = 5]

Alumni [Code = 6]

Other (please specify) [Code = 7] [TextBox]

Required answers: 1 Allowed answers: 7

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Q5='Student'

Q6 What is your year in school?

Freshman [Code = 1]

Sophomore [Code = 2]

Junior [Code = 3]

Senior [Code = 4]

Graduate student [Code = 5]

Required answers: 1 Allowed answers: 1

Q7 Do you live on campus?

Yes [Code = 1]

No [Code = 2]

Required answers: 1 Allowed answers: 1

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Q8 Where do you live?

Ft. Douglas [Code = 1]

Medical Towers [Code = 2]

University Student Apartments [Code = 3]

Fraternity or Sorority House [Code = 4]

Required answers: 1 Allowed answers: 1

Q7='Yes'

Q9 How did you find out about the Fitness Program? (Check all that apply)

Field House desk/bulletin board [Code = 1]

Flyer in the Residence Halls [Code = 2]

Banners [Code = 3]

Information tables [Code = 4]

Fitness Program brochure [Code = 5]

Campus Recreation Services website [Code = 6]

Lawn signs [Code = 7]

U. Orientation [Code = 8]

University Student Apartments Information [Code = 9]

FYI [Code = 10]

Pulse [Code = 11]

UUSAC [Code = 12]

Facebook [Code = 13]

Word of mouth [Code = 14]

Other (please specify) [Code = 15] [TextBox]

Required answers: 1 Allowed answers: 15

Q10 Have you participated in a Fitness Program class in the past?

Yes [Code = 1]

No [Code = 2]

Required answers: 1 Allowed answers: 1

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Q11 How many Campus Recreation Fitness classes have you taken?

1 [Code = 1]

2 [Code = 2]

3 [Code = 3]

4 [Code = 4]

5 [Code = 5]

6 [Code = 6]

7 [Code = 7]

8+ [Code = 8]

Required answers: 1 Allowed answers: 1

Q10='Yes'

Q12 Please provide any additional comments or suggestions regarding the Fitness Program classes:

[Code = 1] [TextBox]

Required answers: 0 Allowed answers: 1

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