

The purpose of this survey is to understand your experience in Campus Recreation Service's classes so that we may better meet your needs. Please take a few minutes to complete the survey.

Required answers: 0 Allowed answers: 0

Q1 Please identify which classes you have participated in [Fall 2012]: (Check all that apply)

- M/W 7:15-7:45 am CYCLEExpress - Rachele[Code = 1]
- M/W 5:30-6:20 pm CYCLING - Heather[Code = 2]
- Mon. 6:30-7:20 pm Int./Adv. YOGA - Marie[Code = 3]
- M/W 7:30-8:20 am WAKE UP w/YOGA - Sarah[Code = 4]
- M/W 8:30-9:20 am TOTAL BODY FITNESS - Rachele[Code = 5]
- M/W 12:10-1:00 pm PILATES - Marci[Code = 6]
- M/W/F 1:10-2:00 pm U-SANITY - Pam[Code = 7]
- M/W 2:10-3:00 pm YOGA for STIFF BODIES - Pam[Code = 8]
- Mon. 4:30-5:20 pm PiYO - Bethany[Code = 9]
- Mon. 5:30-6:20 pm TURBO KICK - Bethany[Code = 10]
- M/W 6:30-7:20 pm BODY WORKS - Catrina[Code = 11]
- Mon. 7:30-8:20 pm ZUMBA - Vangie[Code = 12]
- T/Th 8:00-8:50 am CYCLING - Ashley[Code = 13]
- T/Th 12:10-1:00 pm CYCLING - Casey[Code = 14]
- T/Th 5:30-6:20 pm CYCLING - Cassie[Code = 15]
- T/Th 7:15-7:45 am R.I.P.P.E.D. Express - Ashley[Code = 16]
- T/Th 11:30-12:20 pm YOGALATES - Sarah[Code = 17]
- T/Th 1:10-2:00 pm FAT BURNER - Pam[Code = 18]
- T/Th 2:10-2:40 pm BUTTS & GUTS - Pam[Code = 19]
- Tue. 5:30-6:20 pm ZUMBA TONING - Vangie[Code = 20]
- Tue. 6:30-7:45 pm YOGA - Jendar[Code = 21]
- Tue. 8:00-9:00 pm DANCE FIT - Ryan/Katie[Code = 22]
- Wed. 6:30-7:20 pm Int./Adv. PILATES - Marci[Code = 23]
- Wed. 6:30-7:20 am TURBO KICK - Bethany[Code = 24]
- Wed. 4:10-5:00 pm ZUMBA - Vangie[Code = 25]
- Wed. 5:30-6:20 pm HIP HOP HUSTLE - Bethany[Code = 26]
- Wed. 7:30-8:20 pm FLOW YOGA - Whitney[Code = 27]
- Thur. 5:30-6:20 pm R.I.P.P.E.D. - Marci[Code = 28]
- Thur. 6:30-7:20 pm BALLET BARRE - Marci[Code = 29]
- Thur. 7:30-8:20 pm ZUMBA - Celene[Code = 30]
- Fri. 8:00-8:50 am WAKE Up w/YOGA - Ben[Code = 31]
- Fri. 5:30-6:20 pm ZUMBA - Karine[Code = 32]
- Fri. 6:30-7:20 pm FLOW YOGA - Jendar[Code = 33]
- Sat. 9:10-10:30 am CYCLEndure- Heather[Code = 34]
- Sat. 9:10-10:00 am POWER STEP - Anita[Code = 35]
- Sat. 10:10-11:00 am PILATES - Anita[Code = 36]
- Sat. 11:10-12:00 pm ZUMBA - Katie[Code = 37]
- Sun. 4:10-5:00 pm ZUMBA - Celene [Code = 38]
- Sun. 5:10-6:00 pm HATHA YOGA - Diana[Code = 39]
- Tue. 4:10-5:00 pm BELLY DANCE - Zahirah[Code = 40]

Tue. 8:00-9:00 pm TURBO KICK @ ECC - Bethany[Code = 41]

Thur. 8:00-9:00 pm ZUMBA @ WCC - Michelle[Code = 42]

M/W 4:30-5:20 pm TRX (Session I) - Lezlie[Code = 43]

T/Th 7:30-8:20 am TRX (Session I) - Blake[Code = 44]

M/W 8:00-8:50 a.m. TRX (Session II) - Blake[Code = 45]

T/Th 1:30-2:20 pm TRX (Session I) - Lezlie [Code = 46]

M/W 4:30-5:20 pm TRX (Session II) - Lezlie[Code = 47]

M/W 5:30-6:20 pm TRX (Session II) - Lezlie[Code = 48]

T/Th 7:30-8:20 am TRX (Session II) - Blake[Code = 49]

T/Th 1:30-2:20 pm TRX (Session II) - Lezlie[Code = 50]

T/Th 5:30-6:20 pm TRX (session II) - Justin[Code = 51]

None of the above[Code = 52]

Required answers: 1

Allowed answers: 52

Q1 Please identify which classes you have participated in [Spring 2013]: (Check all that apply)

Mon. 7:00 a.m. CYCLING - Andrea[Code = 1]

M/W. 5:30 p.m. CYCLING - Heather[Code = 2]

T/TH 7:30 a.m. CYCLING - Liz[Code = 3]

T/Th 5:30 p.m. CYCLING - Cassie[Code = 4]

Wed. 7:00 a.m. CYCLING - Rachele[Code = 5]

Sat. 9:10 a.m. CYCLING - Rachele[Code = 6]

Mon. 8:00 a.m. WAKE UP w/YOGA - Rachele[Code = 7]

Mon. 7:30 p.m. YOGA (1:15) - Jendar[Code = 8]

T/Th 1:10 p.m. YOGA/STIFF BODIES - Monica[Code = 9]

Tue. 5:30 p.m. PILATES - Lezlie[Code = 10]

Wed. 8:00 a.m. WAKE UP w/YOGA - Jendar[Code = 11]

Wed. 7:30 p.m. FLOW YOGA - Whitney[Code = 12]

Thur. 5:30 p.m. YOGA - Diana[Code = 13]

Fri. 8:00 a.m. WAKE Up w/YOGA - Ben[Code = 14]

Fri. 6:30 p.m. FLOW YOGA - Jendar[Code = 15]

Sat. 10:10 a.m. PILATES - Lezlie[Code = 16]

Sun. 5:10 p.m. HATHA YOGA - Diana[Code = 17]

M/W/F 12:10 p.m. U-SANITY - Pam[Code = 18]

M/W 1:10 p.m. BUTTS & GUTS (30') - Pam[Code = 19]

M/W 5:30 p.m. TURBO KICK - Bethany[Code = 20]

M/W 6:30 p.m. BODY WORKS - Michelle[Code = 21]

T/Th 12:10 p.m. BODY PUMP - Monica[Code = 22]

Tue. 6:30 p.m. DANCE FIT - Ryan/Katie[Code = 23]

Tue. 8:00 p.m. TURBO KICK @ USA ECC - Bethany[Code = 24]

Thur. 6:30 p.m. R.I.P.P.E.D. - Marci[Code = 25]

Thur. 7:30 p.m. BALLET BARRE - Marci[Code = 26]

Sat. 9:10 a.m. BODY PUMP - Lezlie[Code = 27]

Mon. 4:30 p.m. ZUMBA TONING - Vangie[Code = 28]

Tue. 7:30 p.m. ZUMBA - Katie[Code = 29]

Wed. 4:30 p.m. LATIN JAM - Vangie[Code = 30]

Thur. 8:00 p.m. ZUMBA @ USA WCC - Michelle[Code = 31]

Fri. 5:30 p.m. ZUMBA - Karine[Code = 32]

- Sat. 11:10 a.m. ZUMBA - Katie[Code = 33]
- Sun. 4:10 p.m. ZUMBA - Celene[Code = 34]
- M/W 7:30 a.m. TRX (1st Session) - Lezlie[Code = 35]
- M/W 5:30 p.m. TRX (1st Session) - Lezlie[Code = 36]
- T/Th 6:30 p.m. TRX (1st Session) - Justin[Code = 37]
- Sat. 11:10 a.m. TRX - Lezlie[Code = 38]
- None of the above[Code = 0] [N/A]

Required answers: 1      Allowed answers: 39

Next Page: Sequential

Page - {REFANSWER}

Display if NOT Q1='None of the above'

Question Reference: Q1 (Answer Reference)

Q2 How many times have you attended this class?

1 - 2 times[Code = 1]

3 - 6 times[Code = 2]

7+ times[Code = 3]

Required answers: 1      Allowed answers: 1

Q3 What prevented you from going back to the class? (Check all that apply)

Time class was offered/Schedule issues[Code = 1]

Just went to check out the class but wasn't sure it would fit for me[Code = 2]

Style of class was not for me[Code = 3]

Fitness level was different than my level[Code = 4]

I continued with this class.[Code = 5]

Required answers: 1      Allowed answers: 5

Q4 Please rate the overall quality of this class:

Excellent[Code = 5]

Very good[Code = 4]

Average[Code = 3]

Below average[Code = 2]

Poor[Code = 1]

Required answers: 1      Allowed answers: 1

Please indicate your level of agreement with the following statements about this class:

Q5 Class progression was smooth.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1      Allowed answers: 1

Q6 Proper and adequate warm up was practiced.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q7 Proper and adequate cool down was incorporated.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q8 Did the instructor collect the Class Passes?

Yes[Code = 1]

No[Code = 2]

Not applicable[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q9 Please rate the overall quality of the instruction of this class:

Excellent[Code = 5]

Very good[Code = 4]

Average[Code = 3]

Below average[Code = 2]

Poor[Code = 1]

Required answers: 1 Allowed answers: 1

Please indicate your level of agreement with the following statements about the instructor for this class:

Q10 The instructor started and ended class on time.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q11 The instructor effectively explained and/or demonstrated the skills of the activity.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q12 The instructor gave helpful feedback when correcting errors in my performance.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q13 The instructor was enthusiastic and motivational about his/her teaching.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q14 The instructor made corrections in my individual performance when/if appropriate.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q15 The instructor was prepared each day.

Strongly agree[Code = 5]

Agree[Code = 4]

Neutral[Code = 3]

Disagree[Code = 2]

Strongly disagree[Code = 1]

N/A[Code = 0] [N/A]

Required answers: 1 Allowed answers: 1

Q16 Would you recommend this class to a friend?

Yes (please explain)[Code = 1] [Textbox]

No (please explain)[Code = 2] [Textbox]

Required answers: 1 Allowed answers: 1

Next Page: Sequential

Q17 Gender:

Male[Code = 1]

Female[Code = 2]

Other[Code = 3]

Required answers: 1

Allowed answers: 1

Q18 Which of the following describes you? (Check all that apply)

Freshman[Code = 1]

Sophomore[Code = 2]

Junior[Code = 3]

Senior[Code = 4]

Grad Student[Code = 5]

Faculty/Staff[Code = 6]

Significant Other/Spouse[Code = 8]

Alumni[Code = 9]

Other (please specify)[Code = 10] [Textbox]

Required answers: 1

Allowed answers: 9

Next Page: Sequential

Page - 4

Display if Q18='Freshman' OR Q18='Sophomore' OR Q18='Junior' OR Q18='Senior' OR Q18='Grad Student'

Q19 What is your current enrollment status?

Full time[Code = 1]

Less than full time[Code = 2]

Required answers: 1

Allowed answers: 1

Q20 Are you considered by the University of Utah to be an International Student?

Yes[Code = 1]

No[Code = 2]

Required answers: 1

Allowed answers: 1

Q21 Do you live on campus?

Yes[Code = 1]

No[Code = 2]

Required answers: 1

Allowed answers: 1

Next Page: Sequential

Page - 5

Q22 Where do you live?

Benchmark[Code = 1]

Sagepoint[Code = 2]

Chapel Glen[Code = 3]

East Village[Code = 4]

West Village[Code = 5]

Medical Towers[Code = 6]

Greek Housing[Code = 7]

Honors[Code = 8]

Downtown Commons 1 (Avenue)[Code = 9]

Downtown Commons 2 (400 East)[Code = 10]

Required answers: 1 Allowed answers: 1

Display if Q21='Yes'

Q23 How did you find out about the Fitness Program? (Check all that apply)

Field House desk/bulletin board[Code = 1]

Flyer/poster[Code = 2]

Banners [Code = 3]

Information tables [Code = 4]

Fitness Program brochure [Code = 5]

Campus Recreation Services website[Code = 6]

Campus Recreation Services brochure[Code = 7]

Lawn signs [Code = 8]

U. Orientation [Code = 9]

University Student Apartments Information [Code = 10]

FYI [Code = 11]

Facebook[Code = 12]

Twitter[Code = 13]

Word of mouth [Code = 14]

Departmental e-mail notification [Code = 15]

I've taken classes in the past.[Code = 16]

Other (please specify)[Code = 17] [Textbox]

Required answers: 1 Allowed answers: 17

Q24 Have you participated in a Fitness Program class in the past?

Yes[Code = 1]

No[Code = 2]

Required answers: 1 Allowed answers: 1

Next Page: Sequential

Page - 6

Q25 How many past semesters have you participated in Fitness Program classes?

1[Code = 1]

2[Code = 2]

3[Code = 3]

4[Code = 4]

5[Code = 5]

6[Code = 6]

7[Code = 7]

8+[Code = 8]

Required answers: 1 Allowed answers: 1

Display if Q24='Yes'

Q26 Please provide any additional comments or suggestions regarding the Fitness Program:

[Code = 1] [Textbox]

Required answers: 0 Allowed answers: 1

Next Page: Sequential