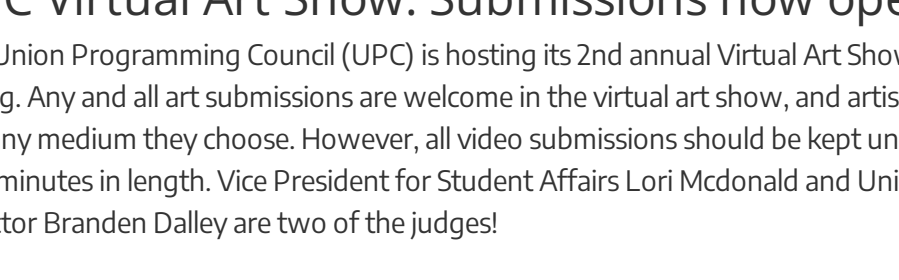


Save the date: Pride Week 2022

Pride Week at the U is an annual event honoring LGBTQIA+ histories, cultures and lives! Join us for this week-long series of events to learn, celebrate and be inspired. The 2022 Pride Week at the U will highlight LGBTQIA+ movements and leaders who work in solidarity with multiple marginalized communities. This year's Pride week is happening from March 28 to April 1. Find a list of events [here](#).



UPC Virtual Art Show: Submissions now open

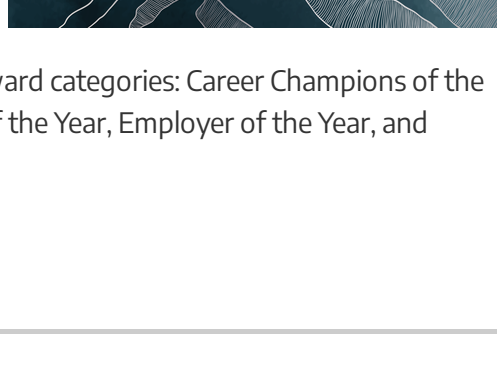
The Union Programming Council (UPC) is hosting its 2nd annual Virtual Art Show this spring. Any and all art submissions are welcome in the virtual art show, and artists may use any medium they choose. However, all video submissions should be kept under two minutes in length. Vice President for Student Affairs Lori McDonald and Union Director Branden Dalley are two of the judges!

Submissions may be old or new, so long as the work is an original piece. Find the submission form [here](#). If you wish to submit more than one art piece, contact msablan@union.utah.edu.

Nominations open for the 2022 Career Impact Awards

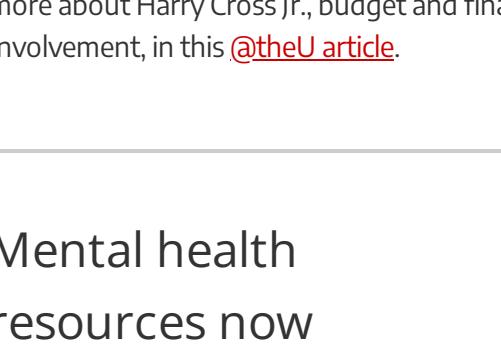
Encouraging and supporting the career development of U students is a campus- and community-wide effort. The [Career & Professional Development Center](#) has opened nominations for its fourth annual Career Impact Awards, which celebrates the individuals and experiences that help U students find and pursue meaningful work. Nominations are available in four award categories: Career Champions of the Year (faculty + advisors), Alumni Mentor of the Year, Employer of the Year, and Internships of the Year.

Submit nominations by March 25 [here](#).



Get ready for U Giving Day 2022

U Giving Day 2022 is a 1850-minute fundraising and celebration effort happening March 1-2. The fourth university-wide giving event challenges students, alumni, staff, faculty, parents and friends to imagine more for the University of Utah and University of Utah Health. Find plenty of ways for alumni, students, parents, fans, staff/faculty and community members to get involved in this [@theU article](#).



Humans of the U:

Harry Cross Jr

"Honestly, if I had to describe my life in just one word, it would be 'chaos,' but I mean that in the best possible way. I've walked many different paths, often simultaneously, and I think it all stems

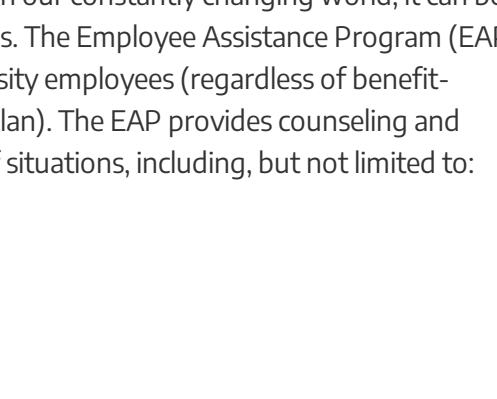
from my love of learning. From high school to where I am now, my life has been guided by my appreciation for, and pursuit of, knowledge and experiences." Read more about Harry Cross Jr., budget and finance coordinator in Student Leadership and Involvement, in this [@theU article](#).

Mental health resources now available to all university employees

In tandem with the advent of the pandemic, concerns about mental health have increased, and even disregarding the complications brought on by coronavirus, in our constantly changing world, it can be difficult to find and access helpful resources. The Employee Assistance Program (EAP), is now available as a resource for all university employees (regardless of benefit-eligible status or enrollment in the health plan). The EAP provides counseling and mental health assistance for a multitude of situations, including, but not limited to:

- Marital and family counseling
- Stress, anxiety and depression
- Personal and emotional challenges
- Grief or loss
- Financial or legal problems
- Substance abuse

Find additional information on how to access counseling and mental health assistance, visit this [@theU article](#).



Take time to improve your well-being and earn \$80 in the process

Well-being Elevated is a U student-led project that aims to boost mental health and well-being for college students by using a multimodal approach—an app and targeted support groups—to provide mental health promotion services. The

team is currently recruiting several hundred U students to participate in six peer support sessions, and students can earn \$80 for their time and participation. Find additional details in this [@theU article](#). Students can register here by March 5 to participate. For research questions, contact [Dr. Nick Galli](#) or [Merry Joseph](#). Scheduling questions can be emailed to scheduling@wellbeingelevated.com.

Healthy Relationships Month

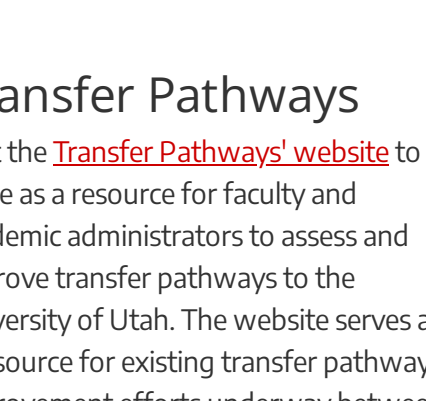
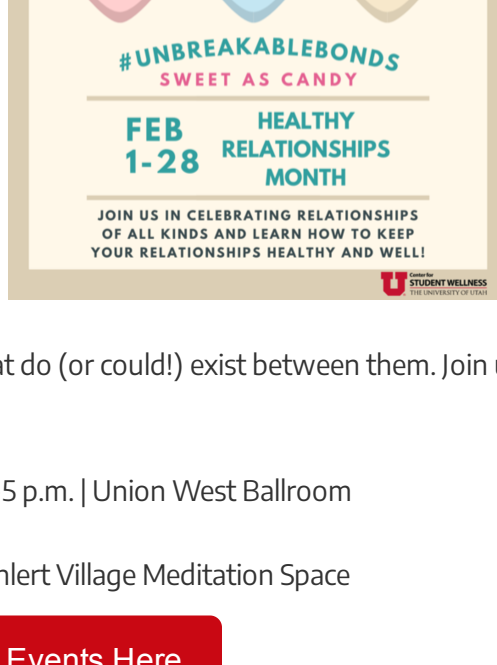
During the month of February, the Center for Student Wellness will be focusing on ways to create and maintain healthy and meaningful relationships with friends, partners and others through the lens of the theme: [#UnbreakableBonds](#).

The events below seek to bring students together and give them ways to establish and strengthen the unbreakable bonds that do (or could!) exist between them. Join us in our last two events of the month!

Let's Get Deep - Date Night | Feb. 17, 3-5 p.m. | Union West Ballroom

Relate & Meditate | Feb. 25, 1-3 p.m. | Kahlerl Village Meditation Space

[Register for Events Here](#)



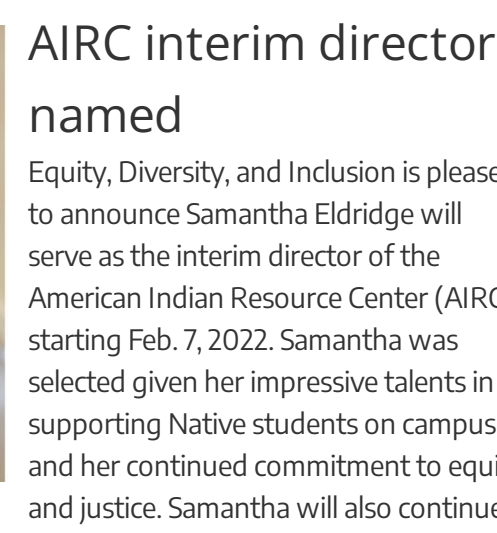
U Saves Week 2022

Building your savings account can be a great means of achieving your financial goals. It is one aspect of our financial wellness that is often ignored while talking about financial education. For the past 11 years, the [Financial Wellness](#)

[Center](#) has partnered with America Saves Week to organize **"U Saves Week"** from **Feb. 21-25, 2022**. Find a list of events happening during "U Saves Week" [here](#).

Transfer Pathways

Visit the [Transfer Pathways' website](#) to serve as a resource for faculty and academic administrators to assess and improve transfer pathways to the University of Utah. The website serves as a resource for existing transfer pathway improvement efforts underway between the University of Utah and Salt Lake Community College (SLCC). Approximately 40%-45% of all transfer students to the University of Utah come from SLCC.

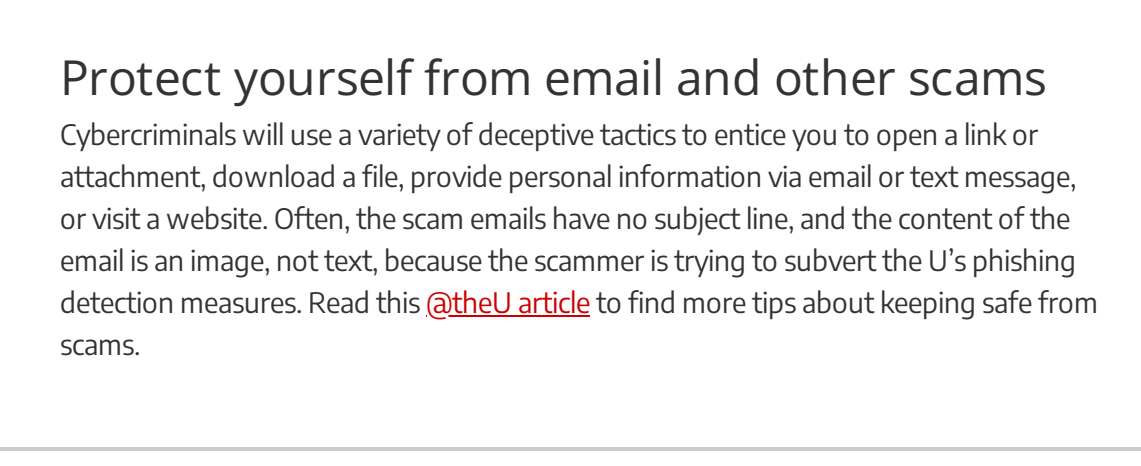


AIRC interim director named

Equity, Diversity, and Inclusion is pleased to announce Samantha Eldridge will serve as the interim director of the American Indian Resource Center (AIRC) starting Feb. 7, 2022. Samantha was selected given her impressive talents in supporting Native students on campus and her continued commitment to equity and justice. Samantha will also continue

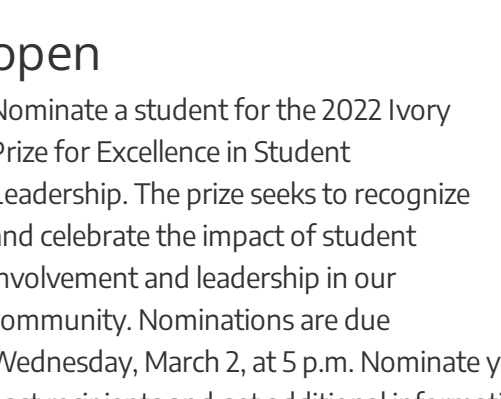
in her role with Student Development and Inclusion.

A search committee for the director of the AIRC will be announced in the coming weeks. This director will contribute to the legacy and powerful contributions of former AIRC director, Dr. Franci Taylor. Read the full announcement [here](#).



Protect yourself from email and other scams

Cybercriminals will use a variety of deceptive tactics to entice you to open a link or attachment, download a file, provide personal information via email or text message, or visit a website. Often, the scam emails have no subject line, and the content of the email is an image, not text, because the scammer is trying to subvert the U's phishing detection measures. Read this [@theU article](#) to find more tips about keeping safe from scams.



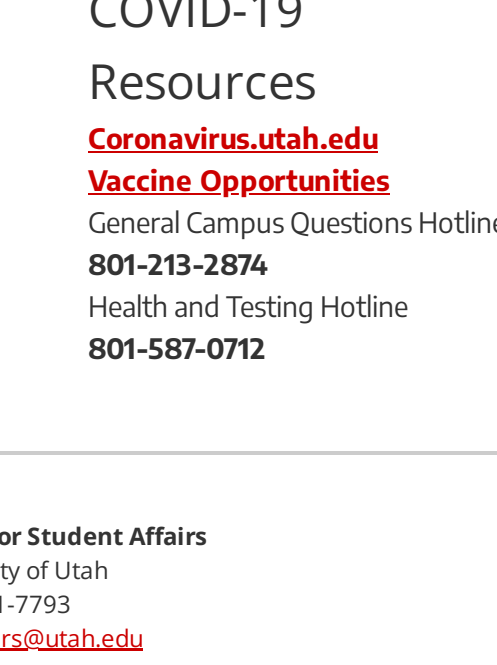
Authentically U

This year's Black History Month theme at the U is "Authentically U." What does it mean to be authentic and undisputed? How do you come present as your most authentic self? You can find a list of all the events happening during Black History

Month [here](#).

2022 Ivory Prize nominations now open

Nominate for the 2022 Ivory Prize for Excellence in Student Leadership. The prize seeks to recognize and celebrate the impact of student involvement and leadership in our community. Nominations are due Wednesday, March 2, at 5 p.m. Nominate yourself or someone you know [here](#). View past recipients and get additional information in this [@theU article](#).



COVID-19 Resources

[Coronavirus.utah.edu](#)
[Vaccine Opportunities](#)
General Campus Questions Hotline
801-213-2874
Health and Testing Hotline
801-587-0712

Something on Your Mind?

[Tell us](#)

Vice President for Student Affairs
University of Utah
801-581-7793
studentaffairs@utah.edu

[Archived Newsletters](#)

FORWARD TO A FRIEND

201 S Presidents Cir
Salt Lake City, UT | 84112 US

This email was sent to .
To continue receiving our emails, add us to your address book.

[Subscribe](#) to our email list.