

WE SUPPORT STUDENT WELL-BEING AND SUCCESS.
OUR VISION IS FOR STUDENTS TO DISCOVER THEIR PASSION, PEOPLE, AND PURPOSE.

Student Affairs Updates

January 28, 2022



Student Affairs Night - Women's basketball game

We look forward to having you and your family join us for an exciting evening! All Student Affairs personnel and their families are invited to celebrate National Girls and Women in Sports Night during the women's basketball game against Washington on **Friday, Feb. 4 at 7 p.m. at the Huntsman Center.**

We have reserved a private room and will provide half-time snacks in the lounge.

Request your tickets by filling out the form below by Feb. 2 at 5 p.m. For any additional questions, contact Annalisa Purser, apurser@sa.utah.edu.

There is limited parking around the Huntsman Center, but TRAX has a stop in front of the arena at the South Campus Station.

[Get tickets here](#)

Spring 2022: Annual notification of selected University of Utah policies and resources

This [@theU article](#) reviews important University of Utah policies and regulations that all university faculty, staff and students are expected to follow. In the article, you will find reminders of policies about political activity by university employees, wellness, human resources, safety resource and more.



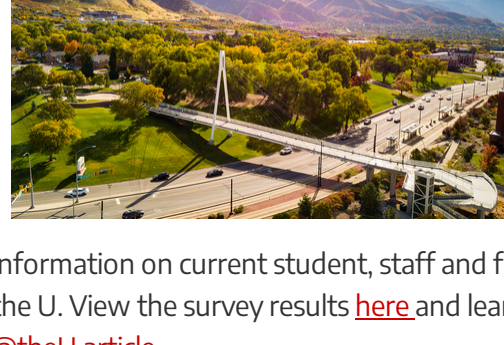
Black History Month at the U

February is Black History Month, and the [U of U Black Cultural Center](#) has many events planned all month long starting Jan 31! You can check out the full calendar of events on their website and Instagram, [@uofubcc](#)!

Mindfulness Center Spring 2022 programing

Mindfulness Center services are offered, with a few exceptions, to all of the University of Utah community (students, faculty and staff!). Services are free, available by Zoom (excluding holidays and breaks), and require participant registration to attend. Informational flyers can be found in this [@theU article](#) as embedded links in each of the programs' titles. Please share with your colleagues and students and join us!

Visit the [Mindfulness Center](#) for more information, resources for enhancing resilience, mindfulness practices and more.



Safety survey results

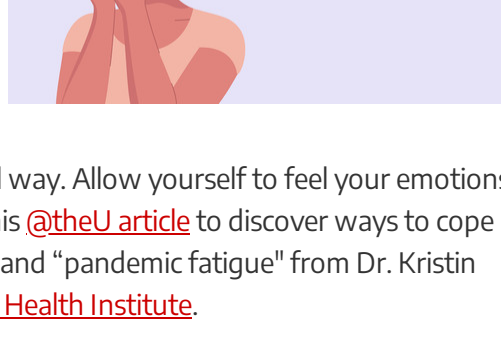
In an effort to establish baseline data and measure the impact of the many recent safety infrastructure changes at the University of Utah, the University Safety Department partnered with U of U research graduate students to gather

information on current student, staff and faculty member's perceptions of safety at the U. View the survey results [here](#) and learn more about the safety survey in this [@theU article](#).

Overcoming "pandemic fatigue"

There is a draining sense of hopelessness that things will never get back to normal or to the way they were before the pandemic. Take some time, pause, and bring awareness to your feelings.

Observe your feelings in a non-judgmental way. Allow yourself to feel your emotions without feelings of guilt or shame. Read this [@theU article](#) to discover ways to cope with the emotional strain of the pandemic and "pandemic fatigue" from Dr. Kristin Francis, a psychiatrist at [Huntsman Mental Health Institute](#).



Sign up for ACPA

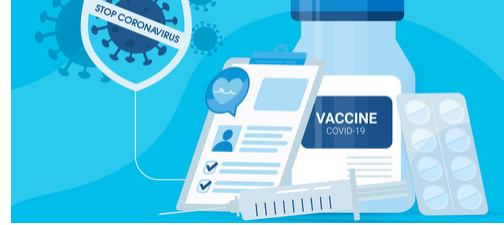
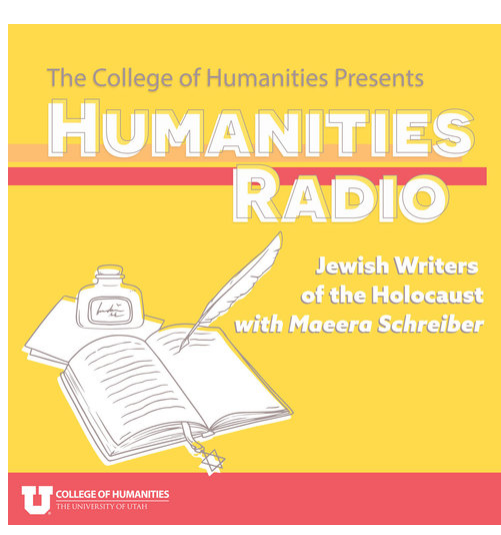
The University of Utah now has an institutional membership with the American College Personnel Association (ACPA). This means you can sign-up for a membership at a reduced price. The benefits of having an ACPA membership range from access to professional resources to networking and

involvement opportunities. You can find a full list [here](#).

Access a list of instructions to sign-up for your membership [here](#).

International Holocaust Remembrance Day

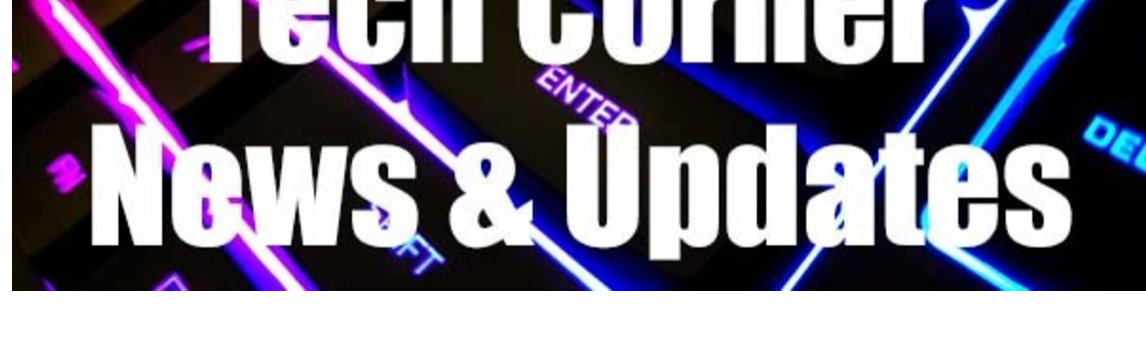
January commemorates International Holocaust Remembrance Day and Humanities Radio examines the historical time period with Julia Ault, assistant professor of history and Maeera Schreiber, associate professor of English and chair of the Jewish Studies Initiative. In honor of International Holocaust Remembrance Day on Jan. 27, Julia Ault, assistant professor of history, discusses why the global day was established how it is commemorated around the world. Find Julia Ault's discussion on the University of Utah College of Humanities' podcast by visiting this [@theU article](#).



COVID test kit assembly

The Bennion Center is coordinating Volunteer Recruitment and sign-ups for COVID test kit assembly. Opportunities to volunteer are M-F, 8-5, at the Commander's House. [Visit this Qualtrics](#)

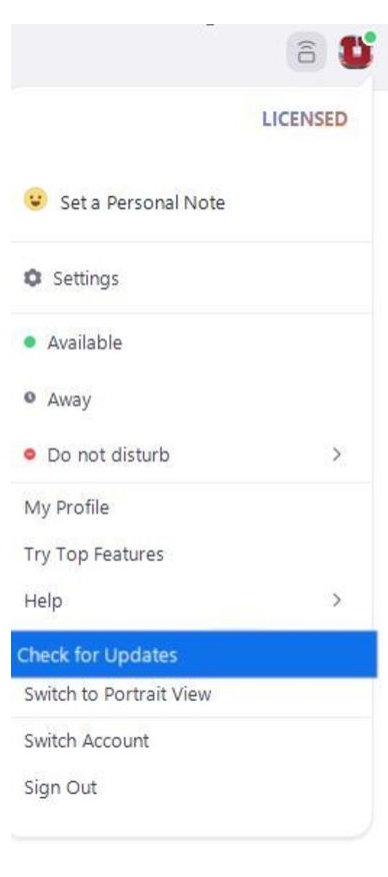
[Survey](#) to learn more about what is needed and to sign-up.



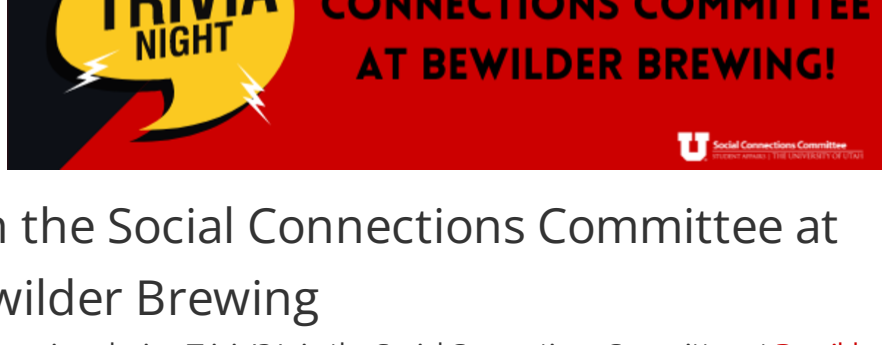
Zoom minimum requirement

TLT will be changing the Zoom client minimum version requirement for the campus Zoom account to 5.8.6 today. Zoom addressed security vulnerabilities in recent versions that we want to make sure everyone is using. Once this change is made, users will be presented with the message to update upon sign-in if they are using a version of Zoom below 5.8.6. Users need to click the blue Update button, which will install the update on their client prior to allowing them to sign in.

If you want to make sure that you are updated beforehand, sign into Zoom and choose your user icon in the upper right corner and select "Check for Updates." Follow the prompts for the client update, if needed. If you have any questions, contact Help@sa.utah.edu.



STUDENT AFFAIRS COMMITTEE UPDATES



Join the Social Connections Committee at Bewilder Brewing

Do you enjoy playing Trivia!? Join the Social Connections Committee at [Bewilder Brewing](#) on **Wednesdays at 7 p.m.** for some fun trivia and an opportunity to meet other Student Affairs professionals. To ensure we reserve enough table space, please email Josh Olszewski at jolszewski@sa.utah.edu if you are interested in participating. This is a casual drop-in, drop-out commitment. Feel free to come to any or all of the trivia nights below.

Join the Social Connections Committee on the following days for trivia!

- February 2
- March 2
- April 6
- May 4

Something on Your Mind?

[Tell us](#)

COVID-19 Resources

[Coronavirus.utah.edu](#)
[Vaccine Opportunities](#)

General Campus Questions Hotline
801-213-2874

Health and Testing Hotline
801-587-0712

Vice President for Student Affairs
University of Utah
801-581-7793
studentaffairs@utah.edu

[Archived Newsletters](#)

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