

WE SUPPORT STUDENT WELL-BEING AND SUCCESS. OUR VISION IS FOR STUDENTS TO DISCOVER THEIR PASSION, PEOPLE, AND PURPOSE.

Student Affairs Updates



All-Staff Meeting Schedule

We are taking a break from the all-staff meeting for the rest of the year. Stay tuned for January's date!





Marking Native Amerian Heritage Month

This November we celebrate Native American Heritage Month, which highlights the accomplishments and contributions of Native peoples and Nations to our society. The University has

planned a slate of <u>events</u> to celebrate Native American Heritage Month. This <u>@theU</u> <u>article</u> provides details about the land acknowledgment, college initiatives, and more.

Relationship between the Ute Indian Tribe and the University of Utah

The Ute Indian Tribe has had an enduring



relationship with the University of Utah. For the past 49 years, the Ute Indian Tribe has reaffirmed a partnership with the University of Utah. The tribe has granted the University's Athletics Teams permission to use the Ute name through a memorandum of understanding (MOU). The most current MOU was renewed in the spring of 2020. It is important to note that the Utes are not the University's mascot. Since the mid-1980s, the mascot for the University of Utah has been Swoop, the red-tailed hawk.

Read Full Story



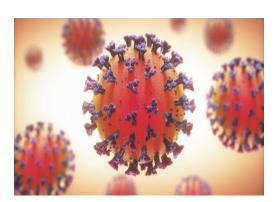
Honoring our veterans in 2021

The University of Utah honored 11 Utah veterans and awarded the Student Veteran of the Year at the 24th

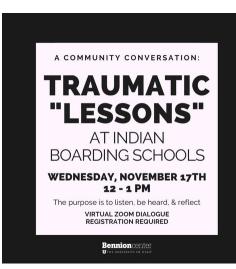
Annual Veterans Day Commemoration Ceremony, Thursday, Nov. 11, 2021. The tribute held in the A. Ray Olpin Union Building ballroom is one of a series of events planned throughout the week to honor veterans. Read the full <u>(atheU article</u> for details about the commemoration ceremony and the 2021 Honorees.

Protect yourself from COVID-19 as temperatures drop

As our campus community prepares to spend more time indoors, some general public health refreshers might be helpful for students hoping to engage in activities, gatherings and socials. Salt



Lake County continues to remain in High Transmission. A variety of important steps from university leadership are outlined <u>here</u>. Read the <u>@theU article</u> for more information on how to keep the campus community and the general public safe.



Community Conversation: Traumatic "Lessons" at Indian Boarding

Schools

Join the Bennion Center in their community conversation; registration is required to attend.

Wednesday, Nov. 17th, from 12 - 1pm

Register Here

Campus Rec Happenings

Outdoor Adventure Clinics, 6pm, FREE

Outdoor Adventures is offering <u>9 free clinics</u> this semester to help you feel more comfortable exploring our beautiful state! Learn more <u>here</u>.

Next Clinics:

11/15: Building Climbing Anchors 11/18: After the Avalanche, First Aid for Victims

Fit3D Body Scanning

Are you ready to visualize your progress at the gym or with your home workouts? Now you can track all your measurements, body composition and even your posture in only 35 seconds! Introducing the Fit3D scanner, a non-invasive body scanner that will help track your health and fitness goals over time. Located in the Student Life Center, the Fit3D scanner is quick, easy, and private. See drop-in clinic dates and purchase your scan package at <u>campusrec.utah.edu/fit3d</u>!

SENDsations Climbing Competition | 11/8-20, \$10

There is still time to register! All levels and abilities welcome! Learn more and register



Bob Ross Paint Along, November 16, 6pm

Join us for a soothing evening as Bob Ross takes you through a socially-distanced paint-along night. All supplies are provided. \$10, register <u>here</u>.



Meet the Center for Student Wellness

The Center for Student Wellness is a comprehensive wellness office that provides:

- educational workshops and training
- advocacy support services for victims and survivors of interpersonal violence
- survivor support groups
- safe(r) sex services and programs
- collegiate recovery program
- wellness coaching
- student engagement opportunities

Our mission is to cultivate a holistically well and safe campus community. We believe that wellness and safety is foundational for success and that equitable access to inclusive wellness services, education, and support will create a more resilient, thriving University of Utah.

EMPLOYEE SPOTLIGHT ELEANOR ASMA



Meet Eleanor! Eleanor is part of the ACES Peer Health Education program with the Center for Student Wellness. ACES peer health educators are essential in disseminating health & wellness information to the U of U campus community. As an ACE peer educator, Eleanor is part of the wellness group that focuses on mental wellness. As a peer educator, Eleanor creates workshops, tables at campus events and collaborates with different departments. One of the foundational responsibilities in her role is centered on event planning. There are weekly meetings Eleanor attends to brainstorm new events and find ways of collaborating across campus. Eleanor played a significant role with the Clothesline Project during Domestic Violence Awareness Month and the Wellness Fair.

Eleanor is from Chicago and chose the University of Utah because of her interest in nursing and her passion for hiking. During her undergrad, she has been open to lots of options for her career paths. Being involved with the Center for Student Wellness has helped her gain mentorship, which has brought new opportunities to help her think of new ideas and explorations. Eleanor's proud moments are seeing the results of all her effort in preparation for events. This year she is looking forward to a new program, Walk and Talk, where ACES will meet up with students to share information while they walk around campus. Her advice for undergrads is to get involved and try new things. Being open to new opportunities provides growth and challenges one to go outside their comfort zone.

STUDENT AFFAIRS COMMITTEE UPDATES





Nominate an individual or student within Student Affairs who strives to cultivate an environment that embraces and promotes the broad scope of diversity within the division and the University community. DEADLINE TO SUBMIT NOMINATION: NOV. 29, 2021



SADC Pursuit of Inclusion Award

Nominate an individual or student within Student Affairs who strives to cultivate an environment that embraces and promotes the broad scope of diversity within the division and the University community.

Deadline to submit a nomination: November 29, 2021

Submit Nomination Here

Something on Your Mind?

Tell us

COVID-19

Resources

Coronavirus.utah.edu Vaccine Opportunities

General Campus Questions Hotline 801-213-2874 Health and Testing Hotline 801-587-0712

Vice President for Student Affairs University of Utah 801-581-7793 <u>studentaffairs@utah.edu</u>

Archived Newsletters

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