

**WE SUPPORT STUDENT WELL-BEING AND SUCCESS.**  
**OUR VISION IS FOR STUDENTS TO DISCOVER THEIR PASSION,  
PEOPLE, AND PURPOSE.**

Student Affairs Updates

October 08, 2021

## Student Affairs'

### Values: Care

One of the Student Affairs values that we affirm through our current strategic planning process is care. The value of care signifies that we provide a holistic well-being approach so every student feels seen, valued, and heard.

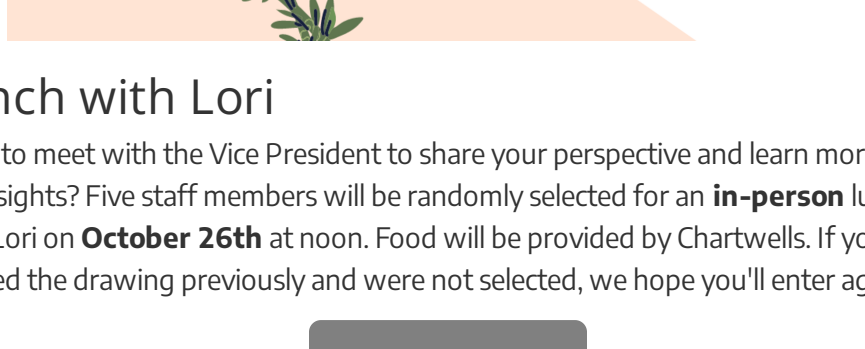
[Learn More](#)

### Our Values

#### - Care -

We provide a holistic well-being approach so every student feels seen, valued, and heard.

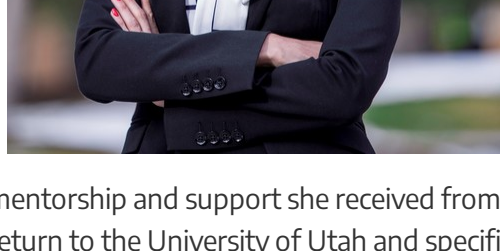
Division of  
**STUDENT AFFAIRS**  
THE UNIVERSITY OF UTAH



### Lunch with Lori

Want to meet with the Vice President to share your perspective and learn more about her insights? Five staff members will be randomly selected for an **in-person** lunch with Lori on **October 26th** at noon. Food will be provided by Chartwells. If you entered the drawing previously and were not selected, we hope you'll enter again!

[Register Here](#)



### New Trio Director,

#### Maria Martinez

María Martínez (she/her/ella) is originally from Salt Lake City's Westside with roots in Chihuahua, Mexico. She is an alumna of the University of Utah, where she proudly proclaims to have benefited from the (former) Center for Ethnic Student Affairs (CESA) sponsorship and Diversity Scholars Program. She is a testament to the success of student-centered policies and credits much of her success to the

mentorship and support she received from a dedicated team. Martínez is eager to return to the University of Utah and specifically TRIO where her passion for college access and success will be realized.

Martínez completed her undergraduate degree in Mass Communication and International Studies and her graduate degree in Educational Leadership and Policy with an emphasis in Student Affairs. She has spent her career advocating for historically marginalized communities with roles in both K-12 and higher education most recently serving as the Director of Diversity and Multicultural Affairs at Salt Lake Community College.

Outside of work, Martínez loves to be in nature, hiking, biking, or snowshoeing. She loves a challenge, having hiked the Grand Canyon Rim-to-Rim twice (third time coming in October), backpacking to the highest peak in Utah (King's peak), and completing her ninth half marathon this April.

OCTOBER IS

## DOMESTIC VIOLENCE AWARENESS MONTH

**#WEARERESILIENT**

**#LOVESHOULDNT HURT**

[wellness.utah.edu](https://wellness.utah.edu) | [uofuwellness@sa.utah.edu](mailto:uofuwellness@sa.utah.edu) | [wellness@sa.utah.edu](mailto:wellness@sa.utah.edu)

### Domestic Violence Awareness Month

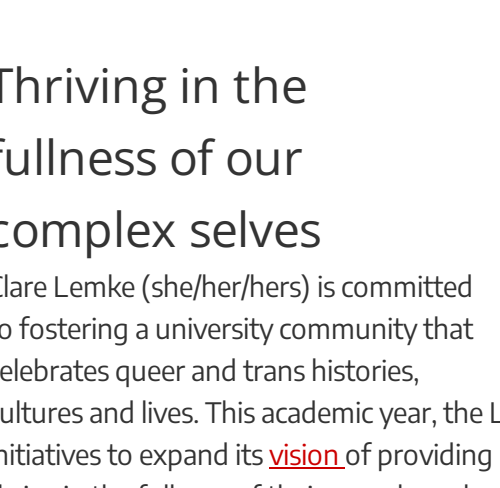
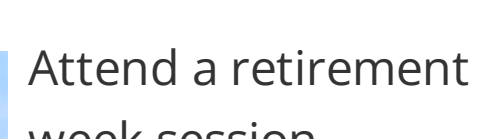
Domestic Violence Awareness Month (DVAM) is an annual campaign to raise public awareness about domestic violence while supporting survivors and secondary survivors of interpersonal violence (IPV). Follow along with programs and events from the Center for Student Wellness and campus partners to learn more about domestic violence.

[More Information Here](#)

### Mental Health First

#### Aid Certification

The Center for Student Wellness has canceled its **October 12th mental health first aid certification**. MHFA provides an opportunity to learn how to identify, understand and respond to signs of an emerging mental health challenge or crisis. To find more information about the certification visit [here](#).



### Attend a retirement

#### week session

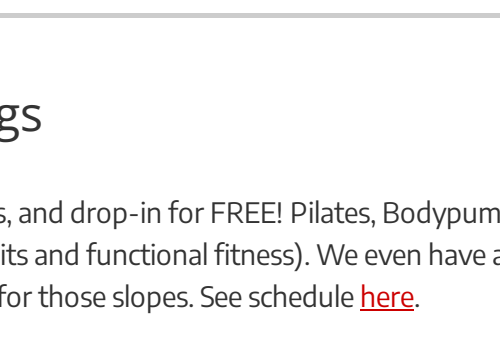
Fidelity and TIAA will be hosting many sessions next week, Oct. 11-15, that covers how to create a budget, reducing your debt and retirement basics. A list of all the sessions with register can be found in the [@theU](#) article.

### Thriving in the

#### fullness of our

#### complex selves

Clare Lemke (she/her/hers) is committed to fostering a university community that celebrates queer and trans histories, cultures and lives. This academic year, the LGBT Resource Center established two new initiatives to expand its [vision](#) of providing "frameworks where LGBTQIA+ students thrive in the fullness of their complex selves," which are the QTSOCs (pronounced "Q-T socks") community space and Queer and Trans Student of Color Community Development Specialist position. Read more about the work being done at the LGBT Resource Center and the meaning of QTSOC [here](#).



### Campus Rec Happenings

#### FREE Fitness Week | October 11-17

Come try a sample of our fall fitness classes, and drop-in for FREE! Pilates, Bodypump, Cycle, Yoga, Zumba, Barre, U45 (think circuits and functional fitness). We even have a ski conditioning machine to get you ready for those slopes. See schedule [here](#).

#### Intramural Late Fall Leagues

Grab some friends and join a late fall intramural sports league! Basketball, indoor soccer, and volleyball will be offered. Register by October 17 [here](#).

#### FIFA Tournament | October 21, 5:30pm

Student Life Center, Lower Level TV Area, \$6. Sign up [here](#).

#### Bob Ross Paint-Along

October 18 - [Grab your friends and your spots today!](#)  
6pm, \$10

#### Outdoor Adventure Clinics, FREE

From backpacking packing to avalanche first aid, Outdoor Adventures is offering [9 free clinics](#) this semester to help you feel more comfortable exploring our beautiful state! Learn more, see clinic dates and descriptions at [campusrec.utah.edu/outdoor-adventures](https://campusrec.utah.edu/outdoor-adventures).

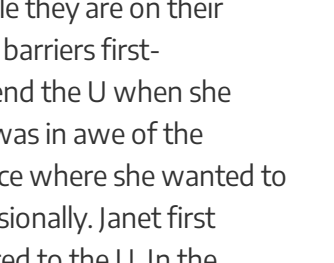
#### Zombie Zumba Save the Date! | October 26, 5:30-6:30pm, FREE

## GET TO KNOW STUDENT AFFAIRS

### Meet TRIO

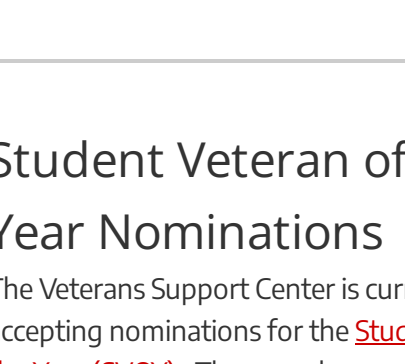
The TRIO Programs Office at the University of Utah houses two federally funded programs, Upward Bound (UB) and Student Support Services (SSS). Upward Bound is an outreach program intended to serve high school students in the Salt Lake valley, and Student Support Services is a support program that serves current University of Utah students. Both programs are intended to serve low-income, and first-generation students as well as students with disabilities who enroll into and complete post-secondary education. The TRIO Programs have been in continuous operation at the University of Utah since 1972.

## EMPLOYEE SPOTLIGHT JANET REYES



Meet Janet! Janet is the graduate assistant with TRIO and served as a student navigator during the last year and a half. As a student navigator, Janet focuses on connecting with students to help them build a community while they are on their academic journey. Janet creates various workshops that target barriers first-generation students often face. Janet knew she wanted to attend the U when she came to an event on campus with a high school program and was in awe of the beautiful environment. Immediately she knew this was the place where she wanted to obtain her bachelor's degree and grow skills to help her professionally. Janet first attended SLCC to get her associate's degree and then transferred to the U. In the process, of transferring she applied to the position of student navigator with TRIO. She was offered the position and grew excited to return the favor to students who share a similar background. As a first-generation college student, Janet encountered difficulties while attending college but finding community and mentors helped her navigate her time at the U and SLCC.

One of the areas that have positively impacted her professional development is attending national conferences. National conferences provide the space to grow as a student affairs professional and connect with others. Additionally, she has sharpened valuable skills as she has created workshops to assist TRIO students while learning the support students need during their academic journey. The proudest moments for Janet are when students finish a class or receive the scholarship that she helped provide feedback with the material. This year, she is looking forward to starting her master's degree in Education, Leadership, and Policy and working with TRIO as she still gets the opportunity to help students navigate their academic careers.



### Employee Appreciation

#### Day!

Employee Appreciation Day is on **October 14th from 10 am - 2 pm**. All attendees should be sure to register for the event and bring their UCard in order to enter the event. **Register for the**

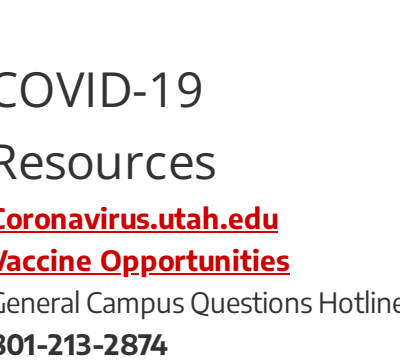
**Employee Appreciation Day** below.

[Register Here](#)

### Student Veteran of the

#### Year Nominations

The Veterans Support Center is currently accepting nominations for the [Student Veteran of the Year \(SVOY\)](#). The award recognizes academic achievement, community/campus service, and military accomplishments. Nominations may be submitted by students, faculty, and staff and must be received by 11:59 PM MDT on October 20, 2021.



[Nominate a Student Here](#)

### Something on Your

#### Mind?

[Tell us](#)

### COVID-19

#### Resources

[Coronavirus.utah.edu](#)

[Vaccine Opportunities](#)

General Campus Questions Hotline

**801-213-2874**

Health and Testing Hotline

**801-587-0712**

**Vice President for Student Affairs**

University of Utah  
801-581-7793

[studentaffairs@utah.edu](mailto:studentaffairs@utah.edu)

[Archived Newsletters](#)

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