

Student Affairs Updates

May 14, 2021

All Staff Meeting Schedule

We look forward to seeing you on the following dates this summer!

- June 3rd, 11 a.m.
- July 1st, 11 am
- August 5th, 11 am



Lunch with Lori

Want to meet with the Vice President to share your perspectives and learn more about her insights? Five staff members will be randomly selected for a Zoom lunch with Lori on May 25th. Food provided by Chartwells for those within the SL **Valley**. If you entered the drawing previously and were not selected, we hope you'll enter again!

Enter to win Lunch with Lori

We are a JED Campus

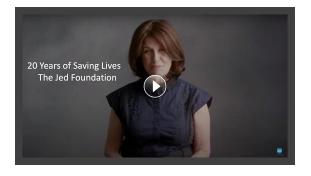
The JED Foundation met with representatives from across campus to begin our campus strategic planning efforts to improve student mental health and promote student well-being. If you aren't familiar with JED, check out the video below.



It is also important to attend to our own mental health as well as support the students we serve. Check out 10 Ways to Celebrate Mental Health

<u>Awareness Month</u> for ideas that can be used in a variety of context, including our own lives.

Look for regular updates about our partnership with JED. All of us have a role in promotoing student mental health.





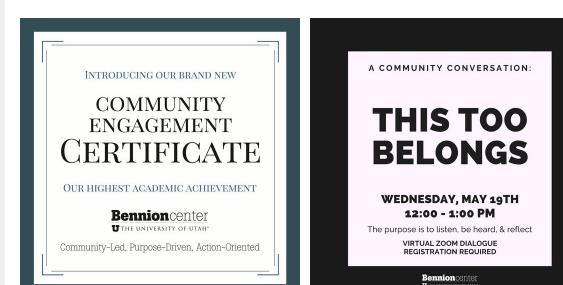
Staff Support: Anxiety and COVID Reajustment May 20th, 12-1 pm

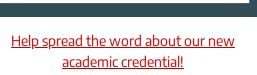
This presentation will discuss the do's and don'ts of returning to work. How to reduce and manage stress, anxiety, and depression when returning to work and how to set up a morning and night routine to help you to be successful.

This benefit is being offered at no cost. Call 801-262-9619 or visit blomquisthale.com

to reserve a seat!

Bennion Center Announcements:





<u>Community Conversation:</u> This too belongs





UNEREENTE 156th Anniversary of

Share Your Story

With the 156th anniversary of Juneteenth, the struggle to be treated fair and equal continues. We invite you to commemorate Juneteenth by remembering and sharing your story to honor the progress that's been made and reflect on the important changes that still remain ahead.

Please use this space for expressions of persistence, freedom, overcoming obstacles, joy and triumph, and your hope and dreams. The stories that you share will be highlighted in @TheU and promote representation of the black community at the University of Utah.

Share your story at https://utahsa.az1.qualtrics.com/jfe/form/SV_6DrOyhbtT8DsqnY

Campus Recreation Announcements: Summer Group Fitness Passes, On Sale Now!

Classes run June 1–August 6

The <u>All-Access Pass</u> includes in-person, live virtual, and on-demand access for Campus Recreation Services members. *New this year*-our <u>Virtual Fitness Pass</u> is available to all University of Utah affiliates, no membership necessary! Only \$40 for the entire summer, live virtual and on-demand classes include Good Morning Yoga, Quick HIIT, Arms & Abs, Butts & Guts, Zumba and more! Learn more, see our schedule and purchase your pass at campusrec.utah.edu.

New Summer Semester Hours at Student Life Center Starting May 8 through Aug 22, campusrec.utah.edu

Student Life Center is Hiring for Summer and Fall! Register for an upcoming recruitment session, see all dates at campusrec.utah.edu/employment. Specific needs include: lifeguards, climbing specialists, and bike technicians!

In case you missed these...



Updates from Human Resources Updates of retirement, WellU and open enrollment.



Staff Excellence Award nominations now <u>open</u> Nominations close on June 30, 2021.



Executive Director of Campus

Recreation Services Search The Campus Recreation Services Director will promote racial equity and inclusivity, provide leadership, supervision and administrative management for Campus Recreation Services. This includes the Eccles Student Life Center, and various playing fields, Outdoor Adventures, Fitness Program, Intramural Sports, Aquatics, Sport Clubs, Climbing, Scheduling, Membership, Marketing, and Student Development.

The director will also create and implement programming that articulates connections between Campus Recreation Services and the academic mission of the University, collaborate with other campus and community groups to provide diverse recreational and wellness programs and services, and participate in long-rang planning that contributes to student development. The director will assume any other responsibilities as directed by the Associate Vice President for Finance & Operations.

We are welcoming four finalists who will present their future vision for Campus Recreation Services at the University of Utah.

Visit the <u>search website</u> to learn more about the finalists.

New Chief Global Officer

University of Utah Senior Vice President for Academic Affairs Dan Reed announced Brian Gibson has been named the university's new chief global officer.



Gibson, a noted leader of internationalization and global engagement efforts, joins the U after most recently serving as executive director of George Mason University's Global Education Office. He will assume his new role July 1 and will be working

both on campus and remotely until students return for the Fall semester. Read more here.



UU Staff Council Applications - due tomorrow!

Are you interested in making a difference for staff at the U? The University of Utah's Staff Council (UUSC) directly supports staff development, staff welfare, and staff organizational responsibilities. Staff Council also creates and administers opportunities for staff participation and leadership within the University

setting. Benefits of serving on Staff Council include:

- Build a robust network of colleague across the University
- Collaborate with different areas of the University to make a positive impact
- Serve on a committee to address legislative, communications, diversity, equity & inclusion, development and other areas of impact for the staff experience
- Strengthen advocacy skills for staff perspective to be included in University decision making
- Regularly hear from top University leaders to 'be in the know' about upcoming policy and practice changes that can be shared with your home department/organization

We are accepting applications for staff volunteers to serve and represent staff by becoming a member of UUSC. General Staff Council Members volunteer approximately 3-5 hours a month.

Applications are due tomorrow so apply today!

Student Affairs Committee Updates



Wisdom Wednesday May 19, 2021 12:00-1:30 PM MST

For May, join the conversation as we explore support services available to commuter, parenting, non-traditional and/or affinity-based student populations. Guest speakers from the following centers will share resources and programs available through their offices:

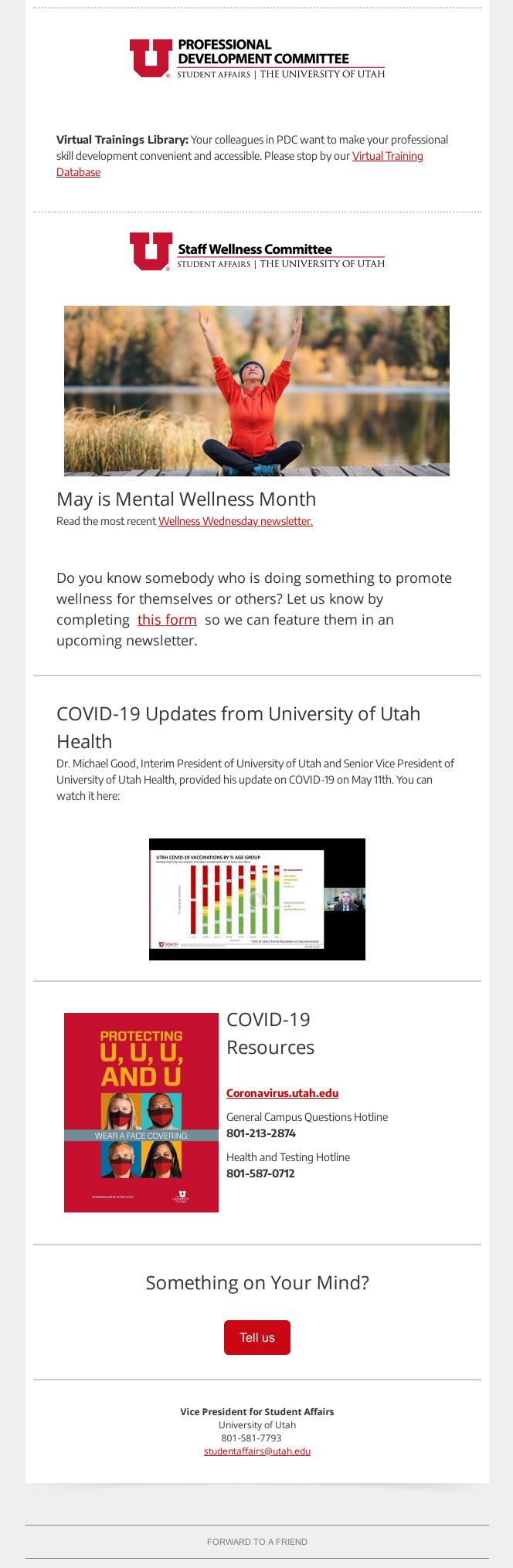
- American Indian Resource Center: Franci Taylor
- Center for Ethnic Student Affairs: Paul Fisk (he/him/his) and Martha Hernandez (she/her/hers)
- Center for Child Care & Family Resources: Shauna Lower (she, her)
- Dream Center: Xris Macias
- International Student & Scholar Services: Chelsea Wells (she/her/hers)
- Veterans Support Center: Paul Morgan (he/him)
- Register at sadc.utah.edu or

https://utahsa.az1.qualtrics.com/jfe/form/SV_2of2gGwJcAMcHA2

Social Connections Committee STUDENT AFFAIRS | THE UNIVERSITY OF UTAH

Step and Activity Wellness Initiative

There's still time! Sign up for the Student Affairs Social Connections Committee Step and Activity Wellness Initiative, work on a fitness goal together, and win some participation prizes! The Step and Activity Wellness Initiative will start May 3, 2021 and end on June 25, 2021. Log your steps and activities on the University's Walker Tracker app or browser and see what your colleagues are doing too. Walker Tracker provides options to log steps, and a variety of indoor and outdoor exercises to match your ability and comfort levels. We hope you will sign up and join us for this activity and share your personal achievements with the division. Participants that log at least 6 weeks of activity can use this initiative toward earning WellU Wellness Activity points and discounted costs for health insurance enrollment. Even if you do not need the WellU points, sign up and cheer on your fellow colleagues as we stay healthy together and connect virtually. To sign up, start an account on Walker Tracker (https://employeewellness.utah.edu/wellness-challenges/) and email Michelle Chan (MChan@sa.utah.edu) your username to be added to the group. Good luck and have some Spring fun!



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