University of Utah Health, provided his update on COVID-19 on May 11th. You can
Dr. Michael Good, Interim President of University of Utah and Senior Vice President of
upcoming newsletter.
Do you know somebody who is doing something to promote
Read the most recent
May is Mental Wellness Month
Database
skill development convenient and accessible. Please stop by our
options to log steps, and a variety of indoor and outdoor exercises to match your
ability and comfort levels. We hope you will sign up and join us for this activity and
weeks of activity can use this initiative toward earning WellU Wellness Activity points
https://utahsa.az1.qualtrics.com/jfe/form/SV_2of2gGwJcAMcHA2
Register at
For May, join the conversation as we explore support services available to commuter,
May 19, 2021
Wisdom Wednesday
3-5 hours a month.

Bennion Center Announcements:

Student Life Center is Hiring for Summer and Fall!
Starting May 8 through Aug 22,
summer, live virtual and on-demand classes include Good Morning Yoga, Quick HIIT,
and open enrollment.

Specific needs include: lifeguards, climbing specialists, and bike technicians!
Go to the Campus Rec website to learn more!

Strengthen advocacy skills for staff perspective to be included in University
and open enrollment.

Student Affairs Updates

May 14, 2021

This benefit is being offered at no cost.

This presentation will discuss the do's and
May 20th, 12-1 pm
and COVID Reajustment
Sta Support: Anxiety

All-Access Pass

Veterans Support Center: Paul Morgan (he/him)
International Student & Scholar Services: Chelsea Wells (she/her/hers)
Dream Center: Xris Macias
American Indian Resource Center: Franci Taylor
Community Conversation: Sharing our Stories with the University of Utah

Share your story at

Join the Staff Council Applications
Are you interested in making a difference for staff at
- due tomorrow!

UU Sta Council Applications

This email was sent to
so we can feature them in an

to our email list.

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