Worker, Street Food, and the Ferry to Salt Lake City

The Utah Department of Health (UDOH) has developed an anonymous, 10-minute survey specifically for our COVID Survey. The survey will be available through December 17th. To participate, please visit the UDOH website. The survey aims to gather valuable insights on the state's response to the COVID-19 pandemic.

Weekly COVID-19 Update on November 17th

You can watch the update here: [link]. The update includes important information on the current state of the COVID-19 pandemic in Utah. Please take a moment to provide input.

Thursdays: 1-5 pm (Except Thanksgiving)

University Community Drive-thru Flu Clinic

To learn more, we recommended reading the following resources along with us:

- [link]

If you'd like to join us, please use the following Zoom registration link:

https://utah.zoom.us/meeting/register/tJAlfumorTojE9OqFsn-nGuizm_K3jTTsx8I

To address and acknowledge our insensitivity and share our commitment to diversity, you will join us on December 2, 2020 at 6 p.m. where we will have the opportunity to learn more about the importance of diversity and how we can work together to make our community more inclusive.

We have renamed our end-of-semester activity to "Winter Yoga Exhale." We hope you will join us on this journey to relax and connect with others. It is an opportunity to commit to actively ensuring cultural, spiritual, and religious sensitivity and inclusive practices in our events.

Mark Deshpande, ARC professor and Chair of the Social Connections Committee, says that "namaste" is a common greeting in Hinduism and Buddhism. "Namaste, which means 'I bow to you,' Deshpande says. So all together, namaste literally means 'greetings to you.' In the Vedas, namaste mostly occurs as a salutation to a divinity."

In a recent educational article by NPR, author Kumari Devarajan writes, "As Student Affairs professionals, it is important for us to educate ourselves on the importance of cultural awareness and how it impacts our work."

The Social Connections Committee's recent use of "namaste" in our upcoming event is a step towards acknowledging our cultural diversity and promoting inclusivity. We hope this will help ensure that our values are represented in our events moving forward.

The Utah Community College (UCC) database is committed to providing information and support for students and staff. The database includes resources such as counseling services, mental health support, and cultural awareness training. The database is now available to all members of the U community - faculty, staff, and students - are welcome to join us. No previous experience is necessary.

Prevention

Support for Mental Health

Mental Health

The Student Affairs updates for the upcoming year include the following:

- A virtual training on cultural competency
- A presentation on the importance of diversity and inclusion
- A webinar on mental health awareness
- A journal article on the impact of climate change on mental health

In a time when we are all reflecting on our values and how they align with our actions, we are committed to creating a safe and inclusive environment for everyone. We welcome your feedback and suggestions on how we can improve.

We are proud to announce that the University Counseling Center received full accreditation for 10 years. Thanks to the entire UCC staff for their hard work and professionalism.

Congratulations to the Psychological Services Center for its successful completion of the American Psychological Association (APA) Accreditation process for the doctoral psychology internship program! Under Steve Lucero and Susan Chamberlin's leadership, the program received full accreditation.

The Intermountain Housing Officers (AIMHO)! Congratulations to the Center for Student Rights and Responsibilities (CSRR) on the recognition of their work in the Association of Higher Education (HRE) team for their recognition by and leadership in the Association of Higher Education (HRE). Thank you for all your hard work.

For Native American Heritage Month, Student Affairs updates include a special focus on visibility and representation. The updates encourage a conversation about the importance of including Native American perspectives in our work.

Although this issue has been prominent in AI/AN communities, it is often invisible in our work and policies. As a community, we need to work towards greater visibility and representation for Native American students.

We must also acknowledge the high numbers of murdered and missing AI/AN inhabitants of the land. They remain invisible to us, and we must work towards greater inclusion and representation to honor their legacy.

While communities that identify as American Indian or Alaska Native (AI/AN) have unique cultural, spiritual, and religious practices, they are often excluded from our discussions and policies. This is unacceptable, and we must work towards greater inclusion and representation for AI/AN students.

Reclaiming Visibility

Reclaiming Representation

Indigenizing University of Utah

Land Back: A Critical Conversation About Reconciliation

This year, we have received full accreditation for our counseling services. The University Counseling Center is committed to providing support for students and planning for the future.

Our counselors are trained to address a wide range of issues, including mental health, academic concerns, and personal development. We are here to help you achieve your goals and overcome obstacles.

The UCC is a national leader in counseling services, and we are proud to have received full accreditation from the American Psychological Association (APA). This is a testament to the hard work and dedication of our staff.

We encourage you to visit our website and learn more about our services. You can also contact us directly at cvp@utah.edu to schedule an appointment.

University Counseling Center

Salt Lake City, UT | 84112 US

Student Affairs Updates

November 20, 2020

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