

Student Affairs Updates

November 13, 2020



Honoring our Veterans Learn more about the 2020 **Veteran's Day Honorees** 

Watch the video here

# Land Back: A Critical Conversation About Reconciliation

Join Student Affairs Student Development and Inclusion for a panel discussion with University of Utah S.J. Quinney College of Law Dean and Professor of Law Elizabeth Kronk Warner, Indigenous scholars, and advocates for a critical



conversation about land back and reconciliation. More information on this panel here.

Monday, November 16, 10-11:30 am

Learn more about the events for Native American History Month in this <u>@theU article</u>.

Register to attend "Land Back"



# Friday Forum: A **Racially Just** Workplace November 20, 2020, 1:00 - 3:00 pm

In his powerful essay, "Why So Many Organizations Stay White" Victor Ray concludes, "At a minimum, leaders should stop thinking about discrimination and inequality as rare events and understand that racial processes often shape behavior in the absence of ill-intent. Conversations about organizational inequality need to refocus from a narrow concern with feelings and racial animus to the massive inequalities in material and psychological resources that organizations distribute between racial groups." The November Friday Forum, installment: A Racially Just Workplace will address questions that provide insight and solutions on how we create a racially just workplace, what is needed, and how we create a more equitable and inclusive campus.

Find more information and register to attend on the Equity, Diversity, & Inclusion website.



# **Mental Health First Aid Training**

Student Affairs is excited to offer Mental Health First Aid training to staff. Just as CPR training helps a person with no clinical training assist an individual following a heart attack, Mental Health First Aid helps a person assist someone experiencing a mental health crisis. MHFA provides an opportunity to learn how to identify, understand and respond to signs of an emerging mental health challenge or crisis. Learn more in that attached 1-pager.

This course will be provided virtually and participants must commit to and complete the following:

2 hour self-paced online module (completed prior to virtual instruction)

5.5 hour virtual instruction via Zoom (broken up into 2x3 hour segments)

Two options are available to staff including Option 1: 12/1 + 12/3 from 1-4 PM (Registration deadline November 20th) OR Option 2: 12/8 + 12/10 from 9-12 PM (Registration deadline November 24th). This training is provided free for SA staff but spots are limited so please only register if you are able to make the dates you select. Future MHFA trainings will be offered again in 2021.

**Register here** 

# **Catching up with Erica Andersen**

Lori McDonald had a conversation with Erica Andersen, Director of Student Leadership & Involvement, to learn what SLI is focused on right now.



# Fee Free Counseling at the University **Counseling Center** for Students!



Mental health remains one of the top issues facing our students. Learn more about the UCC's changes to service delivery to improve access. You can read more about this and other innovations in the <u>@theU article</u>.



Join us in implementing the strategic plan for the McCluskey Center for Violence Prevention! Descriptions of working groups are included here. Any member of the U of U community - faculty, staff, and students - are welcome to join us. No previous experience necessary! To join a working group, please complete the form linked at the bottom of the list of descriptions. Please direct questions to cvp@utah.edu.

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COMMUNITY **ON CAMPUS** WEDNESDAY, NOVEMBER 18TH

12:00 - 1:30 PM VIRTUAL ZOOM MEETING REGISTRATION REQUIRED

Bennioncenter

Community Conversation: Building Community on Campus

Wed, Nov. 18th, 12-1:30 pm <u>Register here</u>

LGBT RESOURCE CENTER Save the Date! LGBT Resource Center virtual Silent Auction February 18th-23rd, 2021

stay tuned for more info!

# tudent Af **Committee Updates**

# Check your Inbox for the SA Staff



Please take a few minutes to share your input and experiences to help shape the work of the four Student Affairs Staff Committees. The survey is open until November 29th!



# **Real Housewives of Salt Lake City Lunch Chat**

Join your colleagues in the Division of Student Affairs for a lunch chat to talk about all things Real Housewives of Salt Lake City (RHOSLC)! Facilitated by Jess Turuc, Director of Fraternity and Sorority Life, we'll chat about the first two episodes of the season, and all the drama and excitement that has unfolded! This will be a Zoom meeting, held Friday November 20 from 12pm-1pm.

Register here



#### Nama-Stay at Home Virtual Yoga Wednesday, December 2, 6:00pm

Destress from the busy fall semester with Nama-Stay at Home Yoga hosted by the Social Connections Committee (SCC)! Join us on Wednesday, December 2, at 6 p.m. for a one-hour virtual yoga class taught by April Pavelka, the Fitness Manager for Campus Recreation Services! This class will be a restorative session and appropriate for all levels. No equipment is necessary, but a yoga mat, towel, or rug is helpful for floor work. We look forward to seeing you!

**Register here** 



PROFESSIONAL ELOPMENT COMMITTEE STUDENT AFFAIRS | THE UNIVERSITY OF UTAH

### **Training On-Demand: PDC's Pick of the** Month

#### **Caring for Self While Caring for Others**

Presented by: ACPA (American College Personnel Association) Available on-demand (recorded on March 18, 2020)

During the PDC bi-monthly meeting, our committee discussed the importance of selfcare in the midst of many stressors. In case you need some reminders and helpful tips, please check this one out. If you haven't visted the PDC on-demand list of trainings, take a minute to do so. You can view this training <u>here</u>.

To find more on-demand trainings make sure to visit the list of available trainings on the PDC website.

Please note: Training Tuesday on November 24th has been cancelled.



#### **University Community Drive-thru Flu Clinic** through December 17th

Engineering Building parking lot - enter from North Campus Drive

Tuesdays: 1-5 pm Thursdays: 1-5 pm (Except Thanksgiving) Saturdays: 10am - 2pm

## **Utah Department of Health COVID Survey**

The Utah Department of Health (UDOH) has developed an anonymous, 10-minute survey specifically for our university/college stakeholder communities to better understand perceptions, behaviors and barriers related to COVID-19. Please take a moment to provide input.



Take the survey here



Learn more on the Learning Center's website.

# Weekly COVID-19 Updates from **University of Utah Health**

Dr. Michael Good, Senior Vice President of University of Utah Health, provided his weekly update on COVID-19 on November 10th. You can watch it here:





# COVID-19 Resources

#### Coronavirus.utah.edu

General Campus Questions Hotline 801-213-2874

Health and Testing Hotline 801-587-0712

# Something on Your Mind?

Tell us

**Vice President for Student Affairs** University of Utah 801-581-7793 studentaffairs@utah.edu

What topics would you like to see in SA Updates? Share your ideas!

FORWARD TO A FRIEND

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