Something on Your Mind?

HR Benefits Team:

RedMed:

2874

Student Affairs Remote Work Toolkit

Student Affairs Online

Return to Campus

Subscribe to stay informed. You can view this week's information below.

Dr. Michael Good, Senior Vice President of University of Utah Health, will be providing Weekly COVID-19 Updates with Dr. Good starting Monday, August 3rd.

Look forward to hearing from U about how we can best support you on your wellness journeys. Stay tuned!

As the new SA Staff Wellness committee convenes, we look forward to hearing from U about how we can support you on your wellness journeys. Stay tuned!

August is National Wellness Month!

Wellness Month is a time to reflect on how to support our mental health, physical health, relationships, and community.

This year, we will celebrate National Wellness Month with a series of workshops and events designed to help us reflect on and enhance our well-being. Whether you're looking to take care of your mental health, improve your physical health, strengthen your relationships, or give back to your community, there's something for everyone.

Weekly COVID-19 Updates with Dr. Good

Weekly COVID-19 Updates with Dr. Good will be available every Monday, starting August 3rd. These updates will provide valuable information and insights from Dr. Good on the latest developments related to COVID-19. Stay tuned for more details.

Anti-Racism Reading

Two recommended readings on anti-racism to continue your professional development:

1. "The History of White People in the Making of America" by Nell Irvin Painter
2. "Racism Without Racists: Color-Blind Ideologies and the Meaning of Race" by Eduardo Bonilla Silva

The History of White People in the Making of America

By Nell Irvin Painter

In this groundbreaking book, Painter explores the ways in which whiteness has been constructed and maintained throughout American history. She examines how white supremacy has been used to justify and perpetuate inequality, and how it continues to shape contemporary society.

Racism Without Racists: Color-Blind Ideologies and the Meaning of Race

By Eduardo Bonilla Silva

In this influential work, Bonilla Silva challenges the idea of colorblindness as a solution to racism. He argues that colorblind ideologies are actually a form of racism that serves to obscure and justify existing power imbalances. Instead, he advocates for a more nuanced approach to understanding and addressing racial inequality.

SADC Racial Justice and Decolonization Dialogue Series

The Student Affairs Diversity Center (SADC) is excited to offer a series of workshops and discussions focused on racial justice and decolonization.

The series will feature guest speakers and panelists who will share their perspectives and insights on a range of topics related to racial justice and decolonization. These sessions will provide valuable opportunities for professional development and networking.

August in National Wellness Month!

August is a time to reflect on how we can support our mental health, physical health, relationships, and community. We encourage you to take time for self-care and to engage in activities that promote your well-being.

Weekly COVID-19 Updates with Dr. Good

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Holiday Schedule for 2020-2021

Please see the attached memo listing the observed holidays and key exceptions such as Housing & Residential Education and Dining Services. This is due to the Vice President for Student Affairs.

We hope you will join us for our All Staff Meeting on August 6th. This meeting will be held in the Great Hall at the University of Utah. Please sign up below by noon on Friday, July 31 from 4:00 to 4:30.

Students will be sharing their ideas about how we can learn from the past and inform and reshape higher education. A separate invitation to join Canvas for a list of resources for the first week will also be sent with your registration.

Training Tuesdays: Prep for Fall

These trainings are being offered to educate and prepare students, faculty, and staff for the upcoming fall semester. These sessions will cover a variety of topics, including course downloads, Qualtrics for students, Advanced Zoom to Engage Students, and Qualtrics for Faculty.

The training sessions will be held on the following dates:

August 4th @ 2 pm
August 11th @ 2 pm
August 18th @ 2 pm

We hope you will join us! Let me know what you think about the Fifth Edition.

Canning, Assessment, Evaluation & Research

August 18th @ 2 pm

By Dr. Bryan Hubain, Associate Vice President for Student Development & Inclusion

Please sign up below and we'll provide you with the zoom link.

Jason Ramirez and Brian Burton from the Office of the Dean of Students and Scott Templeton and Lindsay Wetzel Polin, Center for Student Wellness.

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Thank you for your continued support as we work to create a positive and inclusive environment for all students, faculty, and staff.

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Thank you for your continued support as we work to create a positive and inclusive environment for all students, faculty, and staff. We look forward to seeing you there!