Wellbeing of not only our campus community but our broader community. Share HR Benets Team: The U's COVID-19 Hotline: University of Utah by taking a few minutes to read as techniques for managing stress and anxiety. Workshops held Fridays for 4 weeks from 12-1 mindful strategies for balancing work-life stress. This workshop for U faculty, staff, and graduate students represents so many different area of expertise, we seek to engage all professionals. We do so through the following:

- The Professional Development Committee (PDC)
- Social Connections and Staff Development opportunities that are available online as well as sponsoring programs
- Updates to Student Affairs Committees
- Updates to Student Affairs sta

More about what is changing with the Professional Development Committee. Well as updates to the Student Affairs Committees: Social Connections and Staff Development opportunities that are available online as well as sponsoring programs

The other nominees included: Allison Musser (Career and Professional Development Center); Network Support Services), Jenna Templeton, (Center for Student Wellness), Katie Boonkrataung, Nemelka, (Undergraduate Advancement), Jeanne Huelskamp (Campus Recreation Support Services), Patricia Ruk, Housing & Residential Education, Women's Resource Center. The other nominees included: Allison Musser (Career and Professional Development Center); Network Support Services), Jenna Templeton, (Center for Student Wellness), Katie Boonkrataung, Nemelka, (Undergraduate Advancement), Jeanne Huelskamp (Campus Recreation Support Services), Patricia Ruk, Housing & Residential Education, Women's Resource Center.

Thank you for taking the time to submit a nomination for an individual or team who hungry during this time of uncertainty. They're running low on items like peanut butter and grab/go snacks. Please consider donating to help those in need. Visit their website: tinyurl.com/UQueerCare

Wellness as well as changes to the Student Affairs website:

http://www.studentaairs.utah.edu/development

Don't forget to register for our Training Tuesdays Registration and other professional standards that guide student affairs practice. Because within Student Affairs and other departments.

The Food Pantry & Newly Emerging Leaders Program: Part Two. Over the past few weeks, we have shared our updates to Student Affairs Committees.

What inspires you? In Case You Missed It Resources Something On Your Mind?